

Wycheproof P-12 College

A State school established in 1876



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Newsletter No. 5 - 30th April, 2020

DIARY DATES

MAY

~~Fri 8 Quiz Night CANCELLED~~
~~Fri 22 NCD Cross Country - St Arnaud - CANCELLED~~
Tue 26 Buloke Health Expo -Yr 9/10 - TBC

JUNE

~~Tue 2 LMR Cross Country - CANCELLED~~
Mon 8 QUEEN'S B'DAY HOLIDAY - NO SCHOOL
Fri 12 PUPIL FREE DAY - NO SCHOOL
Mo-Fri 22-26 Yr 10/11 Work Experience - TBC
** INTER-HOUSE CROSS COUNTRY WILL BE EARLY IN TERM 3.

PANDEMIC LIMITED EDITION

In difficult times it is sometimes good to stop and reflect. Thank goodness we live in Australia. No one can refute that we have some of the best health statistics about COVID 19 infection rates and deaths. All of that could change of course if we don't keep certain measures in place. We desperately want our students back at school but we are following the advice of our government and their health experts. School is just not the same without students here. They brighten our day. That is why we sincerely thank all our students, parents and grandparents for adjusting to these challenging times. Remote learning is not going to suit everyone and we understand that. There will be days that will be really difficult (the internet may drop out, the instructions may be hard to follow) and some days will be easier. Don't panic – we can usually work through and solve issues as they arise. The office will be open from 9am to 4pm. Please phone or call in. We will not be returning to our normal program until our Victorian Government tells us to. Thanks to all staff for adjusting to these changes so quickly. Living in Wycheproof and Nullawil is certainly the best place to be in times like these. 2020 will certainly change the world in many ways moving forward.

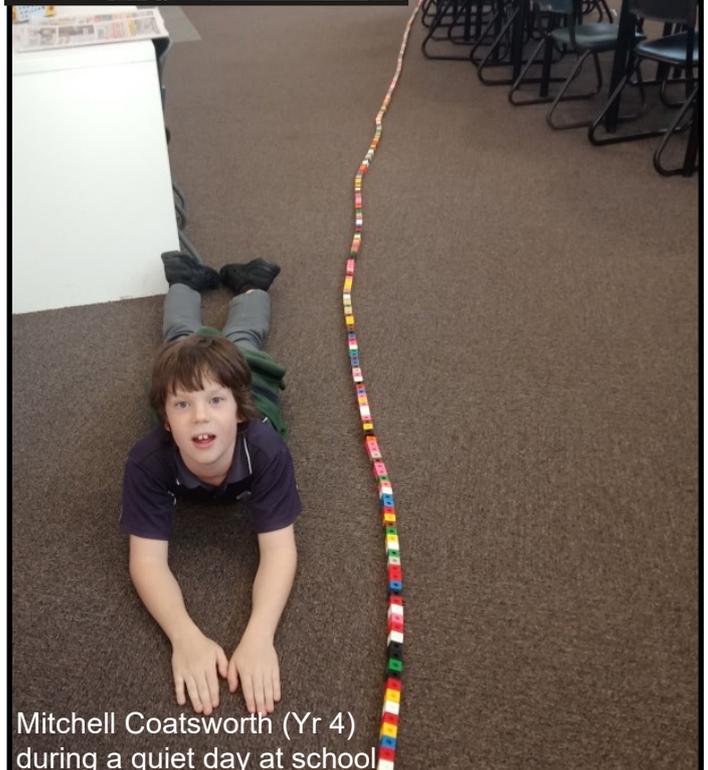
School Council

Thanks to Brett Thompson for re-nominating to be on School Council for another two year term. At our last meeting, Brett was again nominated and elected as School Council President. This gives our council stability and ensures that long-term projects will have the strategic support necessary to ensure our school remains well-resourced into the future. We are grateful to all our School Council members: Maggie and Roy Daykin, Donna Egan, Lynlee Matheson and Stuart Nicholls (Parent Members); Georgina Morrison (Community Member); Cathy Grant and Claire Ison (DET Members). We are also very excited to have our first student member Savannah Nicholls join us on council. As such there is still one secondary student member vacancy that has not yet been filled.

Christine McKersie - Principal



Enda & Rhys Redmond made poppies at home for ANZAC day.



Mitchell Coatsworth (Yr 4) during a quiet day at school

Wycheproof P-12 College ~ "Be Your Best"

Freaky
Friday 13 March 2020



WEAR FUNKY SOCKS & Ride your bike

NATIONAL RIDE2SCHOOL DAY



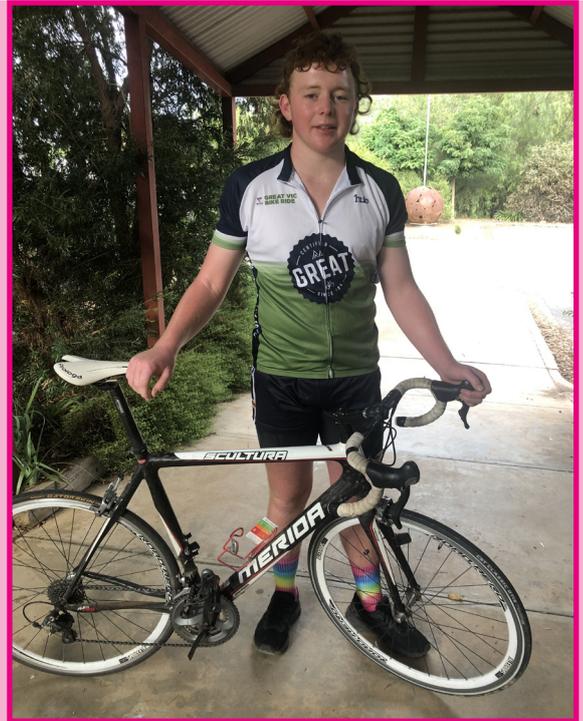
Yr 11/12



Yr 7/8



Yr 3/4



Yr 5/6



Yr 9/10

Highest achievers for the fortnight:-

CLASS	CLASS AVERAGE	HIGHEST STUDENT GROWTH	
Year 5	142%	Grace McKersie	233%
Year 6	100%	Max Fawcett	300%
Year 7	73%	Gracie Humphreys	133%
Year 8	75%	Isabelle Mulquiny	233%
Year 9	82%	Kate Thompson	100%
Year 10	121%	Joe Coles	200%

Overall score

CLASS	CLASS AVERAGE	HIGHEST STUDENT GROWTH	
Year 5	158%	Brayden Tony Lourdsnathan	250%
Year 6	122%	Jack Cowell	233%
Year 7	60%	Gracie Humphreys	111%
Year 8	77%	Isabelle Mulquiny	244%
Year 9	89%	Will Allan	125%
Year 10	108%	Joe Coles	153%

**A student's percentage is a score reflection of how their growth is achieved. Eg. 148% = student is learning at the rate of 1.48 years. Parents and students are reminded that Maths Pathways can be accessed from any location.



Mathletics Hall of Fame

Prep - Yr 2

1. Riley Beattie 3,540 pts
2. Ryder Harrison 1,480 pts
3. Leeah Crawford & Connor McLeod 1,320 pts

Year 3-4

1. Morgan Beattie 6,560 pts
2. Gaivin Sandhu 2,660 pts
3. Ever Harrison 2,570 pts

Year 5

1. Adele McNaughton

Year 6

1. Ollie Daykin

MATHS MATE CHAMPIONS



Yr 7 Savannah Nicholls

Yr 8 Isabelle Mulquiny

Yr 9 Kate Thompson

Yr 10 Joe Coles

On Friday the 13th pupils joined over 350,000 other students who walked or rode to school. Ride2School day is Australia's biggest celebration of active transport and a day where students and teachers celebrate healthy habits. To promote this day students wore funky socks, gold-coin donations were also taken which will be used for future SRC events and activities. It was great to see so many people showing off their socks and talking about how they travelled to school. With exercise shown to help learning and memory it would be great if students use active transport everyday of the school week!





Remote Learning YEAR 5/6



Mrs Brown teaching from home.



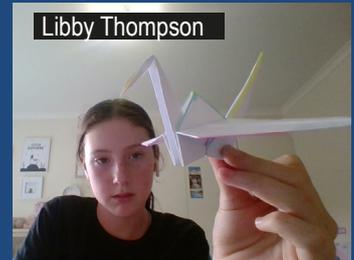
Grace McKersie



Kiarah Browne



Darcy Coles



Libby Thompson



Ruby Ison

Mrs Brown asked some students for a report on remote learning. (Different students will be asked to do different types of comments.) For this group, Mrs Brown asked them to be creative about remote learning and do it from the perspective of a pet or computer, or as a news report etc. This is what they have come back with:

Angus Cowell (Yr 6):

Pets seeing their owners 24/7 and computers being used non-stop throughout the day. School is back in business but it has changed dramatically. For Term 2 of 2020 students are learning online with pupils only communicating through a web cam and Google Classroom being the main way of submitting work. It can be a lot for both students, parents and staff to navigate. As a student, it has taken some getting used to over the course of the past weeks to adjust to this whole new type of learning. But even if students are learning from home, school has no plans of stopping any time soon.

Lachlan Buchanan (Yr 6):

The strangest thing has been happening recently. I have been used way too much over the past two weeks. My keys are really aching and I'm always out of energy, my speakers are almost broken and my screen is dimming from being used too much. My memory is almost full, I don't know how much longer I will survive. I've grown to know google very well. I hope this doesn't go on any longer.

Darcy Coles (Yr 5):

Remote learning ups and downs.

UPS -

- No rush to get ready for school
- I have time to make bacon and eggs
- Different learning experience
- Webex is fun

Downs-

- Miss my friends
- A bit hard to understand when there is a bad connection
- Classroom discussions can't happen

Can't believe I am saying I want to go back to school!

Lana Fawcett (Yr 5):

"WHERE IS MUM'S PHONE? As Mum's phone is the only source of internet this is the most common phrase heard in my house at the moment (except "What food can we have now?") The phone might be outside on the couch or table, inside in the kitchen or lounge room, office, Charlie's room. Who knows! 35 days since I've left my house, seen my friends, played sport (not that I've been counting).

CAREER NEWS

From NCLLEN



WEBINARS

Due to Covid-19 restrictions Latrobe University are running on-line webinars to replace some of their face to face events.

Visit:

www.latrobe.edu.au/study/undergrad/ug-webinars for further information. There is a really valuable one coming up on 'Scholarships and grants' (5th May 6pm).



If you are planning on studying or applying for a Teaching/Education course at a Victorian university post Year 12, you will need to sit an online "situational judgement" assessment/test as part of the application process.

For further information please visit:
<https://takecasper.com/>



DEFENCE FORCE RECRUITING

Due to the current government restrictions, Defence Force Recruiting is unable to host or participate in all current and upcoming foreseeable events which involve physical or face-to-face contact. Defence Force Recruiting has begun recording a variety of information sessions that are able to be watched on demand virtually. These information sessions are almost identical to the presentations that would have been given face-to-face by military members.

Please see the links below:

ADF Careers Information Session (This is our generic presentation):

www.youtube.com/watch?v=Okuy-qmFPX4

RMC (Royal Military College) Careers Information Session:

www.youtube.com/watch?v=RRV2jmvITIE&feature=emb_title



The Year 13 website helps you research many post School options - whether you're planning on studying, training, working or travelling.

During National Careers Week, Year13 will turn into a careers exhibition like no other.
"We're running the Year13 Expo a little differently than other careers fairs. For years now, we've been listening to the questions you guys have had about the future. We know you're keen to hear more about the benefits of studying versus working, whether you should take a gap year, if an apprenticeship is right for you, what the perks of working in different industries are and how amazing people got to where they are today".

From May 18-22, you'll be able to explore exhibits from a host of different universities, TAFEs, colleges, employers and gap year providers. But you'll also get the opportunity to hear from some amazing career folk who are nailing it in their industry. Through a series of live chats, webinars and online 'booths', the Year13 Expo will help you figure out what it is you're passionate about and what you need to do in order to get there. For further information visit:

www.year13.com.au/



The Australian Apprenticeships & Traineeships Information Service provides information for people considering career options, employers looking at recruitment and those providing support and advice.

Visit:

www.aapathways.com.au/students

Angela Poxon
Careers and Pathways – North Central LLEN

Year 7/8 Home Economics

CUPCAKES
18th March



<<<
Sharna Bartram &
James Yasa



<<<
Paige Arnel,
Savannah Nicholls
&
Lily Humphreys



>>>
Isabelle Mulquiny



>>>
Gracie Humphreys
& Whitney Jones



PIES -Standard size \$6ea or 6pies for \$35. family size \$20.

- Traditional beef · Beef onion · Beef pepper · Beef mushroom
- Beef sausage rolls \$4.50ea or 6rolls for \$25.
- Veg pasties \$5ea (limited stock available)
- Cauliflower pies \$6ea (limited stock available)

ORDERS MUST BE IN **MONDAY 4TH MAY 12PM**

- White bread
- Sourdough
- Wholemeal
- Hot cross buns
- Multigrain
- Boston buns
- German grain
- Cinnamon loaves

ORDERS MUST BE IN **THURS 7TH MAY 12PM**

BAKE & PIE DRIVE. Friday 8th May 2020.

CALL OR TEXT COBIE TO ORDER

0404 455 403

Wycheproof P-12 College ~ "Be Your Best"



Have your say

With all the noise and information around COVID19, the YACVic youth survey is good

chance for students to 'use your 'voice'. See the link www.yacvic.org.au/advocacy/covid-19-survey/. Early data was presented at a state-wide meeting last Thursday and showed that in rural areas youth were concerned about the loss of sports and social connection compared to metro youth concerns around finances and jobs. So have your say about how you are managing with social distancing.

Everyone has done a great job getting set up for home learning so quickly and congratulations to parents who are learning alongside us all with the new online platforms and different way of doing things.

We know it isn't easy coping with such a large amount of change and sometimes we can get distracted by what is on the news or social media.

Give media a rest: news and guesswork of the pandemic is reported relentlessly. We are also being bombarded by clichés around social distancing, such as 'we will get through it!' We shouldn't doubt our resilience. However, it is important to look after ourselves and that includes giving Karl and Koshie a break. Instead of turning on breakfast TV, go for a walk or listen to music or an interesting podcast. The 'talent' on breakfast TV and most commercial stations are not providing valid news and are mostly providing ill-informed opinion and speculation. The news can also be very confusing as there seems to be different opinion and advice coming from commonwealth and state governments. The best advice for up-to-date information is the Department of Health and Human Services website at www.dhhs.vic.gov.au/coronavirus-covid-19-daily-update. Parentline and the DET parent website has advice on talking to children about the news.

Looking after yourself: There are so many great things to see and do either around the home, in the garden or around the town. headspace and beyond blue have many resources to read or listen to see <https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/>.

The This Girl Can project that was due to roll out this month has some great activities online and why not try a Bollywood dance class, and other great activity ideas and challenges see <https://thisgirlcan.com.au>.

Locally there are yoga and online exercise classes here in Wycheproof. See local facebook pages for information.

There is a lot of benefit in reading about people and places in novels and books as a way to look after yourself. The Buloke Library Services provides access to Borrow Box which has books available on line. For information or to join the library see the Buloke Shire website www.buloke.vic.gov.au/libraries

Routine: keeping to a routine is important for healthy bodies and minds. It might be tempting to stay in pyjamas all day but it is important to keep your usual morning routine and be up and dressed and have breakfast ready for a learning at home day. The same at night, it is tempting to binge those series or movies late into the night but it is most important to have a sleep routine and to keep it for learning and happiness.

Food: delicious nutritious food is important for healthy growth and learning. Remember that I foods and drinks that are sugary or salty such as processed chips, biscuits, chocolate and soft drinks and cordial are still treats and are occasional foods. Having regular meal times and not 'grazing' or snacking all through the day is important. Snacking through the day turns off the part of the brain that knows when we have had enough to eat and so it becomes more and more difficult to control how much we eat.

Seeking help: all of Wycheproof P-12 College's wellbeing team including myself and Paddy are available to help students. There is a process; but, we are just a phone call away. Contact the office on 54937409 or students should talk to their teacher. headspace is also available via telephone or telehealth and counsellors are on standby; to access this, contact the wellbeing team or see the headspace website.

Support services

Parentline 132289

Kids Helpline 1800 55 1800

Department of Education Online resource for parents www.education.vic.gov.au/parents/

REMOTE LEARNING



We appreciate all parent and student support and patience this term. Please note as many staff are working part-time, delivering remote learning programs and supervising face-to-face classes for those students who cannot learn from home, **responses to student and parent enquiries may take a number of days.**

Any **urgent matters** should go through the **office** open 9am to 4pm Monday to Friday.

Phone: 54937409

Email: wycheproof.p12@education.vic.gov.au

NOTICES HOME

VIA **SkoolBag** 

Yr 7/8

Re: Health curriculum units in term 2

From - Miss McLennan.

~***~

Yr 5/6

Re: Remote Learning

From - Mrs Brown.

~***~

Yr 9/10

Re: Remote Learning

From - Miss Fawcett.



Star Students

ACKNOWLEDGING PRIMARY STUDENTS FOR OUTSTANDING EFFORTS DURING REMOTE LEARNING

Adele McNaughton
(Yr 5)
for being fantastic
at seeking
help when she
needs it and
persisting with
tricky work.



Desmond Polzin
(Yr 4)
For submitting
things even
though he's
sharing a
computer at
home.



Leeah Crawford
(Prep)
For completing
all her work to
a high standard
and challenging
herself by
doing extra
work.



Darcy Coles
(Yr 5)
For doing
his work
independently
& being reliable
handing his
work in.



Max Borchard
(Yr 3)
For using
innovation
and uploading
a video
to google
classroom. -
Well done Max!



Enda Redmond
(Prep)
Working well
and adjusting
to working at
home instead of
school.



The school library is open!

9am - 3:30pm

Monday - Friday

All students are welcome to visit and exchange library books during these hours.

That's the thing
about books.
They let you
travel without
moving your feet.

Jhumpa Lahiri



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