Wycheproof P-12 College

A State school established in 1876

03 5493 7409 or 5493 7308 Fax: 03 5493 7506
wycheproof.p12@education.vic.gov.au
www.wychep12.vic.edu.au

Newsletter No. 18 - 11th November, 2021

DIARY DATES

NOVEMBER

Fri	12	Yr 12 Valedictory Dinner
Wed	17	School Council Meeting
Thur	18	Prep/1 Transition 8:45 -11:30am
Thur	25	Prep/1 Transition 8:45 - 11:30am
Thur	25	Yr 11 Last Day
Fri	26	Pupil Free Day - Report Writing

DECEMBER

Thur	2	Prep/1 Transition Day 8:45am - 2pm
Thur	2	2022 Prep parent meeting 12:15pm
Fri	3	Presentation Day - 2pm
Fri	3	Yr 10 Last Day
Tue	7	One-Up Day (Prep - Yr 9)
Mon	6	Yr 9 last day @ NCTTC
Thur	9	P-6 Concert **New Date
Tue-Wed		14-15 Yr 9 Surf Camp
Thur	16	P-6 Break-up

POSITIVE MENTAL HEALTH OUTCOMES

This year it has been a challenge to keep up with the pace of changing rules and practices. This term though, we have been delighted with the level of resilience that many of our children have shown. We hear that many students in Melbourne have been highly disengaged and have struggled with depression and low motivation levels due to COVID restrictions. In comparison, our children have been able to get outside and exercise and connect with nature, which we all know, is so important for developing a robust mental health. We are very pleased that Chantel White will be joining our staff as a Mental Health Practitioner and her role will be to support our school, students and families to continue to be proactive in developing good mental health habits. This term, Chantel will be getting to know our school and learn about our programs. We envision that she may start next year working with individual students and parents will be able to book appointments with her. Chantel is a very experienced operator (working for many different services in Bendigo) and we are elated that she will be joining our team for one day per week next year.

Christine McKersie - **Principal**

WYCHEPROOF P-12 College

Due to COVID-19 regulations, our annual Presentation Night will again be replaced this year by a Presentation Day.

ONLY STUDENTS AND STAFF MEMBERS will be involved in the day. We will endeavour to broadcast the event online (however this may not be possible if we encounter unforeseen technical issues) for parents and interested community members at

2pm, Friday 3rd December 2021-

Further details will be provided closer to the date via the SkoolBag app/SMS & email.

2022 PARENT PAYMENT ARRANGEMENTS

Wycheproof P-12 College works in close partnership with parents and the broader school community to provide the best education opportunities and outcomes for students both inside and outside the classroom. Through this partnership, parents understand that the contribution they make to their children's education, in all its various forms, has an important role in enriching our school's learning and teaching program and improving educational outcomes. The commitment from parents to contribute, benefits students and results in improved achievement outcomes, wellbeing and engagement in learning. This is why parent contribution is highly valued by the Wycheproof P-12 College school community.

Information regarding the 2022 Parent Payment Arrangements has been sent home with every student. Further details are also available on our website http://www.wychep12.vic.edu.au/ or you can contact the school office - 5493 7409, if you have any queries.

H Yasa, P Coatsworth, M Coatsworth

Dakota Connolly Lana Fawcett

Brayden Lords Nathan

Landon O'Hea Brayden Lordsnathan Mitchell Coatsworth

Hayley Matheson

Lilly Pritchard

Wendy Read Ms McKersie

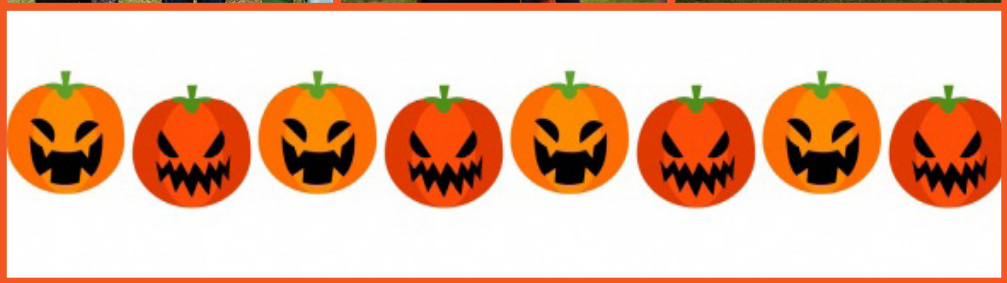
Zeke Harrison Saeed Alamoudi Harlan Bartlett Desmond Polzin

Ashton Wright, Tyler & Ryder Harrison

Riley Beattie

~~DRAFF~~ Paddy & Ms McLennan

Amara Cowell Isabelle Mulquiny Paige Arnel Louisa Coles



Kayley McLeod Neive Cotton Leeah Crawford

P/1/2 - Ryder Harrison

Yr 9/10 - Jamie Harding

Yr 2/3/4 - Chevy Bartlett

Yr 7/8 - Eliza MacDonald

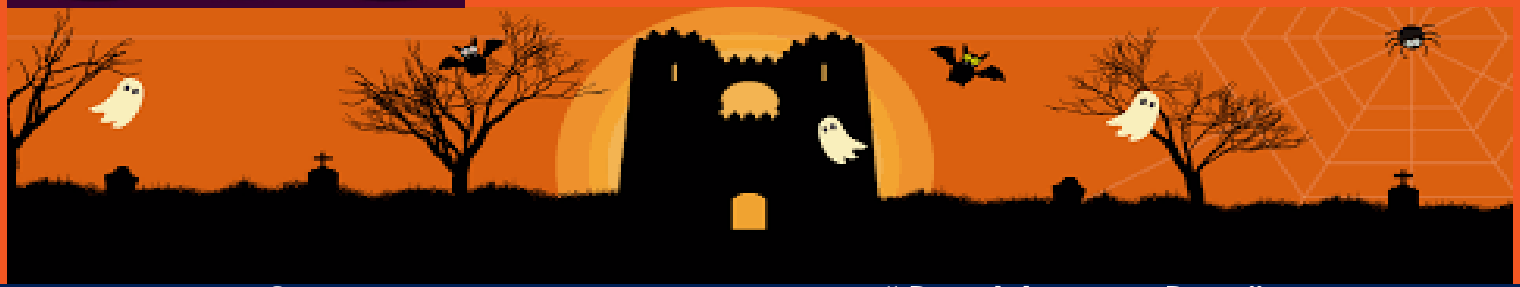
Yr 5/6 - Hayley Yasa

Yr 11/12 - Kaysha Hocking

Rhys Redmond

Georga Mrs Coatsworth

Charlotte Greco



Wycheproof P-12 College ~ "Be Your Best"

BATTLE OF THE BANDS

Music filled lunchtime on Friday the 5th of November as groups competed in the Battle of the Bands. Whether they were competing to win or just getting up to perform in front of the school, many students got up and had a go. In third place was a band that consisted of Darcy Coles, Leyland Barton, Brayden Lordsnathan, Dane Bartram, Mitchell Coatsworth and Saeed Alamoudi. Second place was Tessa Sheahan, Lana Fawcett, Adele McNaughton and Desmond Polzin's band. First place was a band that comprised of Dakota Connolly, Priya Coatsworth, Hayley Yasa, Kiarah Brown, Morgan Beattie and Zeke Harrison. Everyone who performed, even those who didn't necessarily compete, did really well. Thank you to Jan for making this event possible, and to Georga and the Music captains for judging.

Yr 10 MOCK INTERVIEWS

Year 10 students have done Mock Interviews with Angela Poxon & Mary-Ann Sait of NCLLEN.

Pictured above and dressed for the occasion, Hunter Connolly, Spencer Nicholls and Will Allan.

Baby News

CONGRATULATIONS
Mrs Coles and family on the safe arrival of Billie Mae. Born Tuesday 19th October, weighing 8lb 4oz.

Best wishes to Miss McLennan (pictured above on her last day before taking Maternity Leave.

Reporting Student Absences

***Phone call** *(03 5493 7409)* *or*
***Note in the student diary** *or*
***Email** - *wycheproof.p12@education.vic.gov.au* *or*
***Skoolbag App** *noting the reason for their absence*

To satisfy the legal requirements of the Department of Education and Training, **the school MUST be notified of all student absences** *by 10am.*

2022

School Term Dates

Term 1	(Staff) 28th Jan - 8th April
	(Students) 31st Jan - 8th April
Term 2	26th April - 24th June
Term 3	11th July - 16th September
Term 4	3rd October - 20th December

NOTICES HOME

2022 Students Studying VLN Subjects
Re: VCE Textbook Booklist 2022
From: Mrs Ison
~***~

All Families
Re: Parent Contributions for 2022
~***~

Yr 9 - English
Re: 'Mean Girls' movie permission
From: Mr Connolly
~***~

Yr 8
Re: 2022 NCTTC Pupil Free Day
From: Ms McKersie
~***~

Writing

Wycheproof P-12 College will be awarding
1 Primary student & **1 Secondary student**
'Most Improved Writing' **or** 'Best Sample of Writing' 2021

2 x iPad Awards...

* Primary Writing *
* Secondary Writing *

Soon to be drawn at a general assembly.

SQUIZYA CHAMPIONS

Yr 5	Zeke Harrison
Yr 6	Grace McKersie
Yr 7	Jessie Fawcett
Yr 8	Savannah Nicholls

week 6

Studyladder

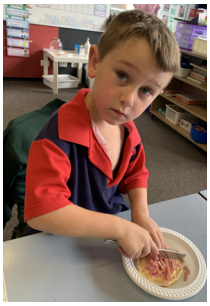
Inspire Motivate Achieve

GOLD TROPHY
Connor McLeod

SILVER TROPHY
Ryder Harrison

BRONZE TROPHY
Leeah Crawford
Ever Harrison

PLATINUM CERTIFICATE
Riley Beattie
Daniel Greco
Archie Harrison

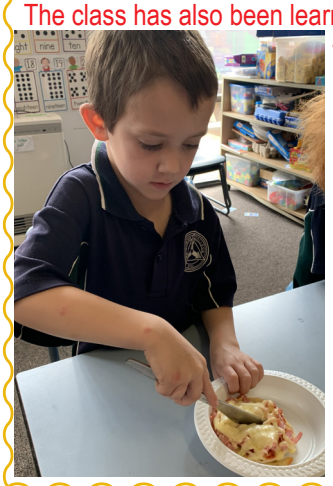


2/3/4 MATHS

What better way to learn about fractions than making PIZZA! Students were responsible for making their own pizza and could choose which toppings they liked. We had a great time making our pizza and had a great debate about pineapple belonging on pizza or not. Mrs B assured the students that pineapple MUST be on pizza, or it just isn't pizza!

After constructing their pizza, they then did a fantastic job at cutting them, first into halves and then into quarters. The students have learnt about halves and quarters and the importance of having equal parts of a whole, otherwise they aren't equal.

The class has also been learning to write procedures in English and as a class they wrote 'How to Make a Pizza.'



MATHS PATHWAY UPDATE

TERM 4, WEEK 5

Class Growth

Yr Level	Average	Current
5		
6		
7	69%	64%
8	82%	95%
9	92%	73%
10	84%	96%

Highest growth this fortnight

Student	Growth
Priya Coatsworth	100%
Tessa Sheahan	133%
Jessie Fawcett	167%
Jacob Harrison	167%
Isabelle Mulquiny	133%
Dotty Carrigg	116%

Highest individual average

Student	Growth
Mitchell Coatsworth	229%
Tessa Sheahan	210%
Jessie Fawcett	115%
James Yasa	143%
Isabelle Mulquiny	165%
Dotty Carrigg	167%

Parents and students are reminded that Maths Pathways can be accessed from any location. The percentage score is a reflection of how much growth a student is achieving. Eg.117% = student is learning at the rate of 1.17 years.

TOMORROW MAN

The tide is changing for men young and old, and the outdated stereotype is leaving some of our mates, dads, sons, uncles, teammates, workmates and brothers stranded without the tools for a healthy life. We lose one man every 3.5 hours to suicide in Australia. So we say enough is enough. Let's smash the straight jacket that the traditional male stereotype can be and give men the complete toolkit to live a full life.

PICTURED ABOVE: TOMORROW MAN GROUP

Back - Mr Pearse, Alex Brander, Hunter Connolly, Spencer Nicholls, George Forrester, Charlie Fawcett

Front - Cian Polzin, Jordan (TM facilitator), Will Allan, Spencer Sheahan, Tom Cotton

YR 9-11 STUDENTS WERE INVOLVED IN THE TOMORROW MAN & TOMORROW WOMAN INCURSION.

PICTURED BELOW: TOMORROW WOMAN GROUP

Back - Kate Thompson, Isabelle Mulquiny, Amara Cowell, Sienna Austin, Demi Matheson, Sharna Bartram, Hayley Matheson, Talia Hobson, Louisa Coles, Ella Sheahan

Middle - Jamie Harding, Paige Arnel, Dotty Carrigg, Kaysha Hocking, Taya Bartram, Bronte O'Hea

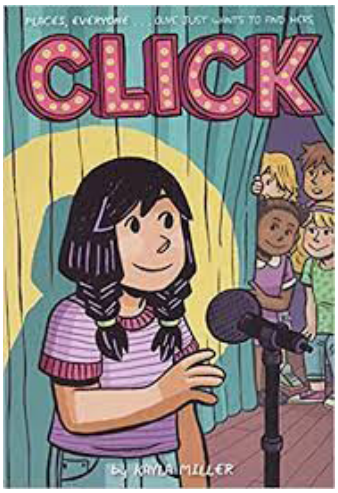
Front - Matilda Bish & Anita (TW facilitator)

TOMORROW WOMAN

Tomorrow Woman aspires to reignite girls and women around Australia with their innate voice, empowering them to confidently express their needs and opinions in the moments that matter.

BOOK REVIEWS BOOK REVIEWS BOOK REVIEWS BOOK REVIEWS BOOK REVIEWS

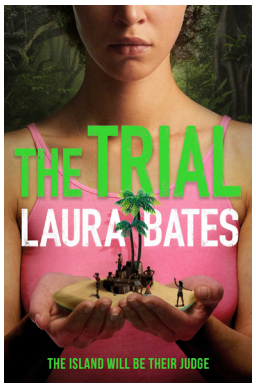
Click
by Kayla Miller



Olive is friends with everyone in the fifth grade – until one day, she isn't. Not really understanding why, she suddenly feels left out and like she doesn't fit in anywhere. This is an insightful and heartfelt graphic novel about navigating friendships and the importance of family.
Readers aged 9 and up.

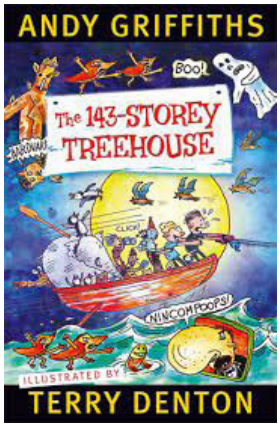
The Trial
by Laura Bates

After a plane crash sees seven teens washed up on a desert island, their first thought is survival. But a terrible secret from a party the night before has followed them ashore. As the island becomes more dangerous, it becomes clear, someone is looking for justice. It's time to face the truth about that party: who was hurt that night and who let it happen?



A thought provoking secondary novel involving consent, power dynamics in relationships and gender inequality that will keep you guessing to the end.

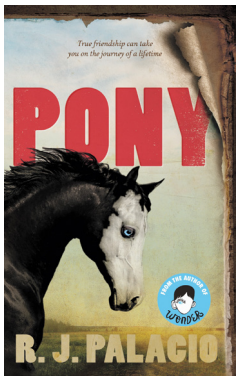
The 143-Storey Treehouse
by Terry Denton



The treehouse now has 13 new storeys!

The eleventh book in the series finds Andy and Terry heading up to their new camping ground level for a much-needed vacation. But it turns out to be not quite as relaxing as planned. Terry forgets to pack the tent and the food, their attempt at fishing ends in disaster, the spooky campfire stories are a little too spooky and then, to make matters worse, all of Andy's fellow campers start mysteriously disappearing. Can Andy brave the dark, dark woods and rescue them in time to finish writing their next book?

Pony
by R.J. Palacio



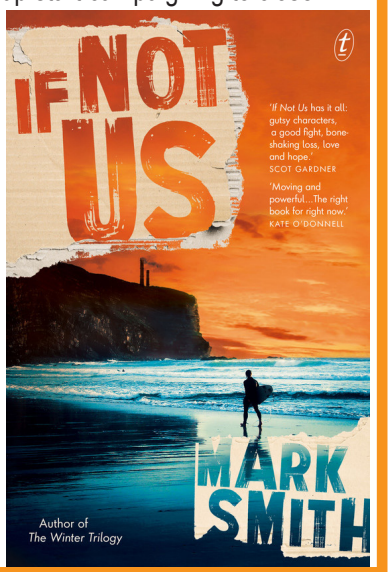
From the bestselling author of Wonder. This is the amazing journey of a young boy searching for his kidnapped father, accompanied by his ever-present companion, Mittenwool (who happens to be a ghost) and a mysterious pony as his guide. Along the way, he will face his fears to unlock the secrets of his past and explore the unfathomable mysteries of the world around him.
An emotional story of resilience and courage, an adventure story, part American Western/historical fiction/ghost story, but ultimately a story about love, which never dies, and the invisible connections that exist between people, both living and dead.
Ages 12 and up.

Rabbit, Soldier, Angel, Thief
by Katrina Nannestad

This is a beautiful story about the darkness of war told from the perspective of a young 7 year old boy Sasha. After German soldiers burn his village in Russia to the ground, he escapes into the forest alone, where he is taken in by a company of Red Army Soldiers. Sasha becomes their mascot and helper. Through Sasha, we experience his pain and loss, and see through his eyes the way his innocence is shattered by his experiences of war.
With stunning sketches scattered throughout, this historical novel will engage readers in upper primary and up.

If Not Us
by Mark Smith

Growing up in a small coastal Victorian town, Hesse lives to surf. He works in a surf shop and spends his free time in the waves. When a local environmental group start campaigning to close the local coal mine and power station, Hesse reluctantly becomes the spokesperson for the group, realising he has to take a stand for what he believes in even if it means upsetting his friends.



Pop culture, social media, bullying, videos going viral, young love and even a car chase ensure this is a easy and enjoyable book to read for teen readers of all genders and interests.

VCE FOOD STUDIES

Year 11 Food Studies
Design Brief; Healthy Lunch Option

Hayley: Vegetarian Pad Thai

Talia: Chinese Beef Stir Fry

Steampunk on Broadway

Congratulations to all entrants in the 2021 Mt Wycheproof Cup Art & Craft Exhibition. What a fantastic display of creative steampunk-themed artworks. We are delighted to announce the winners in each category...

Open
1st: Grandview Lodge - 'Wycheproof Steampunk'
Runner up: Kara Craine - 'Tic Toc'

Secondary
1st: Eabha Polzin, Wycheproof P-12 College, 'Steampunk Airship'
2nd: Angus Cowell, Wycheproof P-12 College, 'Steampunk Airship'

Primary
1st: Heidi Start, Charlton College, 'Steampunk horse'
2nd: Riley Beattie, Wycheproof P-12 College, 'Choo Choo'

Early years
1st: Willa Lord, Wycheproof Preschool
2nd: Cooper Allan, Wycheproof Preschool

Above: Eabha Polzin & Angus Cowell with their prize winning entries of the Secondary section.

Right: Riley Beattie the proud 2nd prize winner of the Primary Section.

WASTE WARRIORS
REDUCE RE-USE RECYCLE

On Thursday 28th of October, the students in 5/6 were lucky enough to take part in the Student Environmental Leadership Program (SELP) through CERES. Our presenter, Tom, spoke to us through Webex about the importance of looking after our Earth so that we can have a good future. We had a discussion about the different things that we can do to make our lives more sustainable through different choices that we make in our everyday lives. We learnt that in nature there is no waste, that everything is reused in some way. We don't do that very well as humans. We learnt that we have a TAKE-MAKE-WASTE system in place whereas in nature there is no waste. At Wyche, we have decided that we will be Waste Warriors! Over the coming weeks, we will be presenting some information in the newsletter with ways that we can reduce, reuse and recycle the waste in our lives. Tom all taught us how to make a reusable bag out of an old t-shirt. This is a great way to repurpose something that we no longer need. We look forward to teaching you as we learn too.

YR 10
Home Economics

Instant noodle Challenge

ALEX - Chicken & corn soup

CHARLIE – Chicken chilli stir fry noodles

KATE – Teriyaki chicken and noodles

DOTTY – Cheesy two minute noodles

XAVIER – Chicken stir-fry

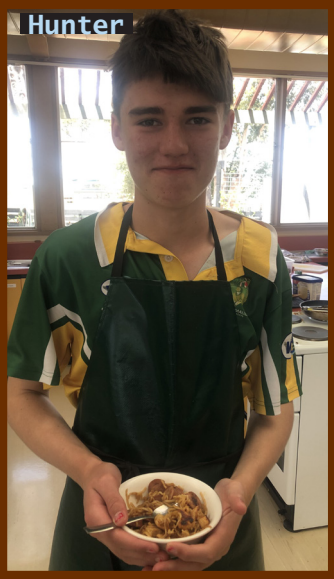
HUNTER – Chilli noodles

SIENNA – Satay noodles

WILL – Nasty noodles

TALIA – Chicken stir fry and noodles

SPENCER – Protein noodle dish



Student Wellbeing - Mental Health Practitioner

I'd like to introduce myself as the new Mental Health Practitioner. The role is new and part of a broader initiative within Victorian schools to ensure that young people have access to health and wellbeing supports, resources, advice and treatment they need to reach their full potential. My background is in disability and mental health, working in the public health sector and for the past five years in a variety of primary and secondary schools. I live in Bendigo but have strong connections to Wycheproof over the past 19 years. Some may already know me and I am looking forward to getting to know students, staff, families and the whole school community. More information will be provided on how to access supports, but feel free to contact the school if you are wanting to know more.

HEALTH HUB with Jacinta

Using words wisely

Last week we welcomed Jordan and Anita who presented the Tomorrow Man and Tomorrow Woman secondary student forums. Students report that these were 'awesome' sessions and tapped into emotions. One theme durings the sessions was communication and how what we say can have a huge impact that lasts. This can be true whether the words are negative or positive. But it seems negative words stick much faster and for longer no matter if they are the words of others, or your own negative self talk.

There is a lot of advice around on effective communication, particularly being kind to others. Blogger Miranda (aka The Reluctant Cowgirl) says that good communication skills can move mountains and calm storms. Good communication is a tool you will use for a lifetime.

At KidsHelpline good communication skills in respectful relationships, are described as the following actions:

- Listening and taking turns to be heard.
- Freedom to disagree without being put down, or called names.
- Being accepted even if you've made a mistake.
- Trust, honesty and taking care with the personal information of other people.
- Not behaving in a way that is intimidating especially during conflict.
- Supporting others needs and wellbeing.

Developing specific skills and behaviours are necessary for good communication, for example:

- Actively listen and respond "...so what I heard you say is..."
- Anger management – STOP, Think, Speak.
- Assertiveness – this is not being aggressive. Being assertive means:
  - You can give an opinion or say how you feel.
  - You can ask for what you want or need.
  - You can disagree respectfully.
  - You can offer your ideas and suggestions.
  - You can say no without feeling guilty.
  - You can speak up for someone else.
- Conflict resolution means to be open to negotiate and perhaps meet the other person halfway.

To learn more about helpful communication see the article by Ararat teen journalist Jack Ward at www.ruok.org.au/the-question-teens-need-to https://www.ruok.org.au/the-question-teens-need-to-ask-ask

Headspace visit

On Tuesday 16 November, we will welcome our new headspace liaison and psychologist Celeste Costa to Wycheproof P-12 College. If any student would like to make an appointment to speak to Celeste see https://headspace.org.au/headspace-centres/swan-hill/ and click on the 'make a referral' link.

Wellbeing garden

New in the Wellbeing garden this week are two types of mint, Vietnamese mint and Chocolate mint. We will watch them grow with interest. The herb beds are looking fantastic and there is always coriander, thyme, parsley and oregano ready for picking and for students to take home. Students are enjoying the sweet strawberries and keeping an eye on the bean and pea seedlings that have come up quickly.

Garden theme craft for Christmas: If you are having a clean out and have old Christmas cards, we would be pleased to put them to good use. Please drop them in to the School Nurse Office before the end of November for our card recycling project.

Surveys help us hear student voice

Recently, secondary school girls received information about a survey to evaluate the sanitary products program that was introduced in fourth term 2019. The Department of Education project provides free menstrual pads and tampons to all schools, ' ...because access to sanitary products shouldn't be a barrier to students getting the most out of their education.' To have your say please return as signed permission/consent form. The survey will be available to students from Tuesday 16 November.

Keep up COVID precautions

While at school, and when out an about, you need to be socially distancing and keeping up precautions around coughing and sneezing. Make sure you wash your hands regularly and use hand sanitiser in between times. Wearing masks is an easy way to keep yourself and others safe. Make sure the mask fits well covering your nose and chin. Reusable masks should be washed after each use. For resources or information call in to the Health Hub. Congratulations to all students who have taken up vaccination, you have helped Buloke Shire reach 95%.

Support services & helplines

- ✓ Parentline 132289
- ✓ headspace call back 1800 650 890
- ✓ eheadspace www.headspace.org.au
- ✓ Autism Connect helpline 1300 308 699 or webchat www.amaze.org.au
- ✓ Kids Helpline 1800 551 800

Star Students

WEEK 6

Charlotte Greco	Ever Harrison	Grace McKersie
Prep / Yr 1	Yr 2/3/4	Yr 5/6

WYCHEPROOF COMMUNITY RESOURCE CENTRE: Ph: 5493 7455 - e: mwcrc@bigpond.net.au - 280 Broadway.

* Annual Roving Shopping Night: Friday, December 3. Grab a group of friends and book in for a fun night of social shopping, supporting local traders and the chance to win some great prizes. The event kicks off at 6pm - call the Resource Centre to book. This will be a Covid-Safe event.

* Learn how to protect yourself from becoming a victim of scams at a free community information session at the Resource Centre at 2pm on Wednesday, Nov 24. Hosted by Mallee Family Care Community Legal Centre. Book in by calling 5493 7455.

WYCHEPROOF EARLY LEARNING CENTRE: Ph: 03 4311 1500 - e: yeym.enrolments@ymca.org.au

3 & 4 YEAR OLD KINDER: Enrolments now open. (to attend 3 year old program your child must turn 3 before April 30th 2022) Information and enrolment links can be found on the webpage: https://earlyyears.ymca.org.au/Centres/Enrolments/Pages/default.aspx or phone Ballarat Early Years Management on 03 4311 1500.

WYCHEPROOF NARRAPORT NETBALL CLUB:

AGM FOLLOWED BY GENERAL MEETING: 6:30pm, Monday 22nd November, at Terminus Hotel.

AGM - All positions open. ✱ ALL WELCOME! ✱ New families are encouraged to attend.

NEXT EDITION NEWSLETTER:

THURSDAY, 2ND DECEMBER, 2021

**This will be the last regular newsletter for 2021.

**A Presention Day special edition will be available from Monday 6th December.

FOUND

We have 2 pairs of glasses handed into the office in recent weeks.