

Wycheproof P-12 College

A State school established in 1876



03 5493 7409 Fax: 03 5493 7506



wycheproof.p12@education.vic.gov.au

www.wychep12.vic.edu.au



Newsletter 6 - Tuesday, June 20

Teaching respectful behaviours

Teaching children how to respectfully interact with each other is our daily work. There are some children (who usually end up in school leadership positions) who consistently behave in a way that treats everyone around them in an inclusive and respectful way. Children instinctively recognise this in others. There are other children who constantly need reminding that their behaviours are inappropriate and what they may have done is disrespectful. Being a Respectful Relationships school means that we are continuing this work as a school priority. Does that mean we need to 'tar and feather' children who behave inappropriately? Of course not. Often these children (one-on-one) are lovely, and they mature into young people that others openly enjoy and seek out their company. But this often takes many years (there are no miracles in this hard work). Sometimes these children are sneaky about their behaviours. They annoy other children when teachers are not around (at recess or at lunchtimes) or when they are busy setting up activities within the classroom. We cannot fix what we don't know about. It is important if your child is unhappy about something that is occurring that they let teachers know there and then about what is going on so that appropriate consequences can be put in place. A week or month later makes it far more difficult to investigate what has occurred. It is important for those children who don't always behave well to be challenged about their behaviours. If we don't challenge them how else will they change and grow into respectful adults? Please encourage your child to speak to their teachers (Student Coordinators, etc) about issues, or if they feel uncomfortable about this then Jacinta (our School Nurse), Paddy or Chantel White (an important member of our School Wellbeing Team) are also great supports within our school.

Christine McKersie - Principal

2023 DIARY DATES

JUNE

Mon - Fri	19 - 23	Work Experience (Yr 10 & 11)
Tues	20	Career Profiling (Yr 9)
Fri	23	Last day of Term 2 *2.30pm finish*

JULY

Mon	10	First day of Term 3
Thurs	13	SSV Cross Country - Melbourne
Mon	17	Tertiary Information Service - Charlton (Yr 12)
Mon - Wed	24 - 26	Year 5/6 Camp - Sovereign Hill

AUGUST

Tues	1	NCD Athletics - Charlton
Wed	2	Public Speaking Competition
Thurs	3	Primary Calder Athletics - Charlton
Wed	16	Parent Teacher Interviews
Thurs	17	Treasure Island - visiting show
Mon	21	2023 Book Week

Enjoy the school holidays!

See you back at school
on Monday, July 10th

Boot-scootin' fun at the 2023 Bush Dance



The Year 3/4 class performs at the 2023 Bush Dance



Leeah, Jewels and Charlotte

More photos inside!

Wycheproof P-12 College ~ "Be Your Best"

2023 Loddon Mallee Region Cross Country



Finbar

Nineteen secondary and one primary pupil qualified to run at this year's LMR cross-country event at St Arnaud, held on June 6. In typical St Arnaud conditions (cold, wet and horrible) we had a number of successful runners qualify for the State Finals to be held in the Yarra Valley next term - Hayley Yasa, Angus Cowell, Libby Thompson and Keely Allan. The 14 year old girls placed third in the teams event, which was a great result and reward for the running they have completed in class this term. Having a great culture at school is ensuring our pupils put in the training hours and reap the rewards. The school is proud of all our competitors and wish our state finalists all the best next term.

- Mr Duffy, Sports Coordinator



Jessie & Libby

LMR Results

9-10 y/o Boys 2km (winner time: 8.57)

19th Finbar Polzin – 9.31

12-13 y/o Girls 3km (winner time: 12.51)

14th Priya Coatsworth – 14.16

47th Lana Fawcett – 16.52

52nd Morgan Beattie – 17.55

53rd Jenna Hogan – 18.00

14 y/o Girls 3km (winner time: 11.54)

6th Hayley Yasa – 13.41

18th Grace McKersie – 15.08

39th Adele McNaughton – 16.50

41st Tessa Sheahan – 17.10

42nd Dakota Connolly – 17.10

3rd in the Teams Event

14 y/o Boys 3km (winner time: 11.15)

34th Dane Bartram – 13.16

15 y/o Boys 3km (winner time: 9.58)

11th Angus Cowell – 11.23

20th Jack Cowell – 11.48

24th Max Fawcett – 12.08

15 y/o Girls 3km (winner time: 11.11)

9th Libby Thompson – 14.02

28th Jessie Fawcett – 15.59

16 y/o Girls 3km (winner time: 12.39)

8th Keely Allan – 13.31

17-20 y/o Girls 3km (winner time: 12.57)

18th Sharna Bartram – 16.13

21st Isabelle Mulquiny – 16.38

17-20 y/o Boys 5km (winner time: 15.05)

18th Charlie Fawcett – 19.03



African Infusion



The African drumming incursion was a great experience. The two instructors showed us traditional dances, taught us how to play the drums and showed us acrobatics. We then made a traditional circle where we all stood in a circle and sang the birthday months and when it was your birthday month you had to get in the middle and dance. Overall we were glad they came and taught us all of these amazing and different things about their culture.

- Ludah Harrison, Yr 6



Tex



Archie & Willa



Rhys and William



Edie & Priya



Olivia & Ever



Primary students perform some classic Aussie bush songs



2023 Bush Dance

Students, parents and teachers donned their flannelette shirts and cowboy boots for the biennial Bush Dance on June the 7th. Congratulations to all primary students, who did a wonderful job learning and then demonstrating each of the dances.

It was great to see many older students, teachers and family members also join in the fun.

After all the dancing, the primary students then sang a number of classic Aussie songs and ballads for the audience.

Thank you to Jan Elder for once again making the Bush Dance such great fun for everyone.



Mrs Coatsworth & Miss Sharma



Angus & Locke



Kayley & Bella



Year 5/6 class



Jesse & Tessa



Eabha and Eliza try out the Smoothie Bike with Buloke Shire's Rory White.



Buloke Youth Health Expo

Recently the Year 9/10s attended the Buloke Youth Health Expo held at the Birchip Leisure Centre. With many surrounding schools attending, including Sea Lake, Birchip, Wycheproof, Charlton and Donald, there wasn't a spare seat in the house.

An unexpected, entertaining rap by Tim O'Donnell started the day off with a bang. Tim previously was a DJ and loved making his own rap songs. Tim spoke about how creativity can help your mental health.

Another guest speaker was Sharon Torpey. Sharon is an expert on drugs, vapes and alcohol. Sharon had some interesting knowledge to share on the different types of and most commonly used drugs, the debilitating effects of alcohol and how vapes, although often seen as less harmful than cigarettes, also contain very harmful chemicals. Sharon also shared a tragic and moving story about a young male who sadly passed away from a "coward punch".

Rory White (Manager of Children and Youth at the Buloke Shire) ran a group activity and questionnaire about youth-focused improvements in the Buloke Shire.

There were multiple lunch time activities such as the very popular Smoothie Bike, Buloke Library van, recycle game, spike ball, volleyball, KIT van – building blocks or just a kick on the oval with some mates. There were some exciting prizes on offer for the students who contributed most to the day. A delicious feed of soups, make your own sandwiches and other nutritious snacks rounded the day off nicely.

- Max Fawcett, Year 9



"There is no such thing as bad weather, only unsuitable clothing"

Being active in winter isn't always easy, but it is important for your health! Whether you play a winter sport or just like exercising, there are a few things you need to remember before running out the door into the crisp winter weather.



GET UP AND GET ACTIVE

Top tips for exercising in winter:



Rug up

It may seem obvious but it's cold, put some more layers on! The body loses heat through the head, hands and feet first, so make sure you wear a beanie, gloves and warm socks if venturing outdoors!



Warm up

Warm muscles prevent injuries. Be sure to stretch and get your heart rate up before exercising, especially during the cooler months. Plus, warmup exercises can enhance your athletic performance!



Drink up

You may not be sweating or feel warm, but winter dehydration is real. We don't get the same thirst urges in winter so be sure to take a bottle of water with you whenever and wherever you exercise.



Exercising during winter can boost your immune system, meaning fewer sick days off school, and can improve your mental health and wellbeing.

So go grab your jumper, water bottle and sneakers, and head outside. Your body and mind will thank you for it!



Zeke



Grace



Adele



Kelly



Tessa

Year 7/8 Ancient Market Day



Brayden



Priya & Hayley



Dakota



Mitchell



Lana



Logan



Morgan & Hayley show Willa their displays



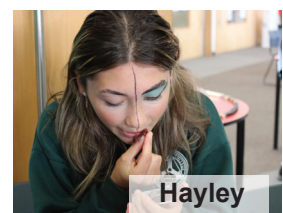
Saeed



Desmond & Harlan



Dane



Hayley

WHAT'S NEW IN THE LIBRARY...

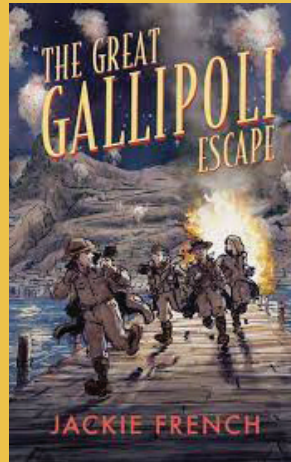
PRIMARY FICTION

The Great Gallipoli Escape

Jackie French

Sixteen-year-old Nipper and his Gallipoli mates Lanky, Spud, Bluey and Wallaby Joe are starving, freezing and ill-equipped. Nipper has played cricket with the Turks in the opposing dugout, dodged rocket fire and rescued drowning, freezing men when the blizzard snow melted. He is one of the few trusted with the secret kept from even most of the officers: how an entire army, including horses and equipment, will be secretly moved to waiting ships over three impeccably planned nights. An unforgettable story told through the eyes of a boy who lied about his age to defend his country.

Recommended for upper primary students



SECONDARY FICTION

Selfie

Allayne L. Webster

Thirteen-year-old Tully can't believe her luck. Instagram-famous Dene Walker picked Tully to be her best friend. She had the whole of Tonsley High's Year 8 to choose from, and she chose Tully. Everyone loves Dene. She has thousands of followers online and hundreds of sponsorship deals. Being best friends with Dene Walker is a dream come true.

Or is it?

Selfie is an easy-to-read book exploring what a real friendship looks like, the perils of social media and the messiness that comes with friends and families.




Who will you Relay for?

Wycheproof P-12 College Sat 14th Oct 2023
Wycheproof Recreation Reserve



relayforlife.org.au | 1300 65 65 85

Celebrate survivorship. Remember loved ones lost. Fight back against cancer.



What is Relay For Life?



Relay For Life brings people together to celebrate cancer survivorship, remember loved ones lost and empower teams to raise money to fight back against cancer. **TEAMS** work together in **FUNDRAISING**. They then take it in turns to walk around a track at a relay-style event - symbolising that cancer doesn't rest, so neither do we!

What to expect.

Relay participants are welcomed in the opening ceremony.



Darkness is symbolic of the fear that a patient feels when diagnosed. We light candlebags to remember those we have lost, celebrate cancer survivors and to show those affected by cancer that they are not alone.



When not walking, participants enjoy the Relay atmosphere and festivities, visiting team campsites to participate in games, activities and entertainment, reflecting our mission activities - such as prevention and supportive care.



The first lap of Relay honours cancer Survivors and Carers who take to the track and are acknowledged and supported by all in attendance. After this, we invite them attend a special function in their honor.



Team members take turns walking throughout the event to symbolise the ongoing fight against cancer.



With motivation levels high, teams pour onto the track & all participants walk the second lap together.



Closing ceremonies wrap up the event, where we recognise volunteers and the community and say THANK YOU to everyone who makes Relay possible.



KUNG FU



On the 30th of May, Kung Fu Masters Doris and Liu Shi Fu visited our school from Bendigo. Students from Prep to Year 9 were given the opportunity to learn the basics of Kung Fu. The level of engagement and discipline displayed by the students during the performance was truly impressive. Witnessing the Kung Fu experts showcase their tricks was both exciting and inspiring for everyone. During the session, the students were taught three essential qualities required to become Kung Fu learners: respect, physical and mental strength, and confidence with hand gestures. The students thoroughly enjoyed practicing splits, kicks, and of course the Kung Fu shout. It was a memorable experience that allowed them to appreciate the Chinese Kung Fu and the spirits.

- Kim Yap, Chinese teacher



Star Students

P/1/2

Esse Coles

Leadership in the classroom

Year 5/6

Harry Humphreys

For being an awesome buddy!

Year 3/4

Tory Pollington

Improving her handwriting

WEEK

15



LATROBE BENDIGO SCHOOL HOLIDAY TALK & CAMPUS TOURS



**LA TROBE
UNIVERSITY**

Monday 26th June – Thursday 29th June 2023

La Trobe University, Bendigo Campus

Have a course on your mind? Join us at one of our many talk and tour sessions between Monday 26 June to Thursday 29 June. This is your chance to meet a course expert and find out what it's like to study with La Trobe. Ask questions, get a taste of uni, and feel ready to start your dream course. You'll meet our student ambassadors and take a tour of the Bendigo campus, check out the facilities and get a feel for our on-campus accommodation.

Register Now:

www.latrobe.edu.au/events/all/bendigo-campus-talk-and-tours

MELBOURNE CAREER EXPO

Friday 14th – Sunday 16th July 2023

The Melbourne Career Expo @ the Melbourne Exhibition and Convention Centre provides an interactive platform for all Victorian's to source the knowledge they need to achieve their successful future. Visitors can discover their future careers from a vast array of career advice, employment opportunities, University and training placements, Skills Industry and Government initiatives. Visit the Technology & Future Careers area or attend a Seminar or Masterclass over the weekend.

Visit:

www.careerexpo.com.au/attend/

**"IT'S UP TO
YOU HOW FAR
YOU'LL GO.
IF YOU DON'T TRY,
YOU'LL NEVER
KNOW**

Merlin, The Sword and The Stone



AUSKICK

Wycheproof Community Auskick Centre. Six week program for \$60. Thursdays 3.45pm - 4.30pm at the Wycheproof Footy Oval. Starts July 27th and finishes August 31st. Bookings to Amy Botheras on 0413 160 969.

COOKBOOK FUNDRAISER

The Wycheproof Preschool Centre Parents Advisory Group is seeking submissions for their 2023 community recipe book. Whether its a family recipe passed down over generations or a tasty treat whipped up in the Thermomix, please email your recipe to wycheproofpreschoolpag@gmail.com or drop a printed copy off at the Centre Mon-Wed.

EARLY YEARS OPPORTUNITIES

Y Ballarat are recruiting for Cert III, Diploma and Early Childhood Teachers to fill casual positions across its four Buloke centres. Visit yballarat.org.au/careers/ to find out more.

SACRAMENTS

Families wanting their child to celebrate the sacraments of Eucharist and confirmation this year, please contact Joan on 0437 753 911 ASAP.

PILATES

Pilates with Von McLennan - four weeks only! Starting July 10th, 6.30am - 7.15am at the Supper Room. \$40 - bookings via WCRC on 5493 7455.