

Wycheproof P-12 College

A State school established in 1876



03 5493 7409 Fax: 03 5493 7506



wycheproof.p12@education.vic.gov.au

www.wychep12.vic.edu.au



Newsletter 8 - Wednesday, August 16

Landcare - native vegetation planting day

It was fabulous to see so many students, families and community volunteers at the recent Landcare planting day down at the new wetlands area on Sunday 30th July. While it will be many years until the project plans are fully completed, planting native vegetation now will ensure that the area is attractive to both tourists and native wildlife. We will keep our fingers crossed that we continue to get adequate rainfall to keep both the crops and vegetation growing nicely. It is important that children connect with nature as often as they can to enhance creativity and imagination. Congratulations to all the volunteers who came along to help plant the different tubes of native vegetation and to Marney Durie and Andrew Borg for all their coordination and insight to ensure that this project is off to a flying start. Well done to our P-4 students who went along on August 11 to help finish planting some of the leftover seedlings. Without volunteers, many projects would simply not happen. Our children are fortunate to be growing up in a community where there are many residents who give up their time to ensure our community remains an attractive and vibrant place to live.

Christine McKersie - Principal



Edie & Andrea



Mitchell



Willa & Kayley

CONGRATULATIONS CALDER

WINNERS OF THE 2023 INTER-HOUSE ATHLETICS!!!



**CALDER HOUSE CAPTAINS
PAIGE ARNEL & ISABELLE MULQUINY**

REPORT & PHOTOS INSIDE...

2023 DIARY DATES

AUGUST

Wed	16	Parent Teacher Interviews School Council Meeting
Thurs	17	Treasure Island - visiting show
Tue	22	2023 Book Week Dress Up Day
Tue	29	Lions Vision Screening

SEPTEMBER

Fri	1	MATES lunchtime walk Defence Forces Presentation
Wed	6	Solos and Supper Concert Biology Excursion Yr 11
Wed	13	BCG Field Day excursion
Thurs	14	BioEYES Incursion P-6 R U OK? Day
Fri	15	SRC Colour Run & BBQ lunch END OF TERM 3 - 2.30pm finish

Wycheproof P-12 College ~ "Be Your Best"



Jenna & Lana



Spencer - Triple Jump



Henry - Shot Put



Calder House Captains Paige and Isabelle

2023 Inter House



Back: Max Fawcett, Libby Thompson, Paige Arnel, Hayley Yasa. Front: Chevy Bartlett and Finbar Polzin. Absent: Leyland Barton & Spencer Nicholls.

Individual Champions

Year 5/6

Chevy Bartlett & Finbar Polzin

Year 9/10

Libby Thompson & Max Fawcett

Year 7/8

Hayley Yasa & Leyland Barton

Year 11/12

Paige Arnel & Spencer Nicholls



Whitney & Sharna



Year 7/8 boys



Cheryl & Kayley



Jewels



Harlan & Desmond



Daniel



Edie



Zeke



Cooper, Tex, Willa, Henry & Mrs Coatsworth

Athletics Report

This year we changed things up a bit and held all the running events down at the Wycheproof-Narraport football ground before heading up to the Saffin Oval to conduct the throwing and jumping events. The feedback was positive from the pupils so this will become our regular setup moving forward.

A nice flat surface and a sunny winters day ensured our students had a great day and it was fantastic to see so many records fall.

As is the case every year, there can only be one winner in the House competition and it was Calder's turn to hold up the trophy with a convincing win of 3428 points to Broadway's 3156.

Scoring was changed this year to 1st place = 20pts, 2nd place = 15pts, 3rd = 12pts, 4th = 10pts and so on.

The winners of each individual event were then selected to represent our College at the NCD event in Charlton.

Thanks to all the House Captains, staff and all our kids for making it a fun and rewarding day.

- Mr Duffy



Tex, Willa, Henry & Cooper



Year 11/12 boys

Records on the day

Yr 5/6 Javelin 500g	male	13.62m (2023) D. Fitzpatrick (C)
Yr 5/6 Javelin 500g	female	6.45m (2023) L. Harrison (B)
Yr 5/6 Shot Put 2kg	female	9.00m (2023) C. Bartlett (B)
Yr 5/6 Long jump	male	3.60m (2023) H. Humphreys (C)
Yr 5/6 100m	male	15.07 (2023) F. Polzin (B)
Yr 5/6 100m	female	15.56 (2023) C. Bartlett (B)
Yr 5/6 High Jump	male	1.23m (2023) F. Polzin (B)
Yr 7/8 Triple jump	male	8.65m (2023) L. Barton (B)
Yr 9/10 Long Jump	male	4.08m (2023) M. Fawcett (B)
Yr 9/10 Discus 1.0kg	female	21.10 (2023) L. Thompson (B)
Yr 9/10 High Jump	female	1.35mn (2023) J. Fawcett (C) <small>Equalled record*</small>
Yr 11/12 Shot Put 4kg	female	9.02m (2023) P. Arnel (C)



Jacob



Olivia



Xavier McKersie placed 2nd in the 20y/o high jump.

NCD Athletics Report

This year the event was moved forward in the calendar to avoid winter sports finals and it allowed more VCE kids to attend.

The day turned out pretty good weather-wise and our kids did a great job to bring home some individual silverware & team glory.

Congratulations to Paige Arnel (17y/o individual champion) & Angus Cowell (15y/o individual champion) on the day and to our school who again claimed the standardised shield.

From here winners will represent our cluster at the Loddon Mallee Region finals in Bendigo in early Term 4.

- Mr Duffy

STAND-OUT PERFORMERS

1st Hayley Yasa 14yr 800m
 1st Paige Arnel 17yr Long Jump
 1st Hayley Yasa 14yo 400m
 1st Rhett Hogan 15yo High Jump (1.55m)
 1st Libby Thompson 15yo 1500m
 1st Paige Arnel 17yo High Jump (1.35m)
 1st Tessa Sheahan 14yo Shot Put 3kg
 2nd Lily Humphreys 16yr 1kg Discus
 2nd Hayley Yasa 14yr 500g Javelin
 2nd Xavier McKersie 20yo High Jump (1.65m)
 2nd Paige Arnel 17yo 100m A

2nd Adele McNaughton 14yo High Jump
 2nd Libby Thompson 15yo 100m B
 2nd Paige Arnel 20yo Discus 1kg
 2nd Morgan Beattie 13yo Long Jump
 2nd Libby Thompson 15yo 200m
 2nd Jessie Fawcett 15yo High Jump
 2nd Angus Cowell 16yo 400m
 2nd Angus Cowell 15yo 1500m
 2nd 15yo 4 x 100m relay – Jessie Fawcett/
 Gracie & Lily Humphreys/Libby Thompson

'Solos and Supper' Concert



When: Wednesday, 6th September – 6.30pm

Where: Music Room

Just a reminder that our 'Solos and Supper' concert is on next Wednesday evening. This is our annual concert for students learning keyboard and concert band instruments and all students are expected to participate.

- all students performing in the concert should wear school uniform
- Junior Concert Band will begin performing at 6.30pm so students need to arrive before this time to set up their instruments and be ready to play

One of our school values is 'Respect'. Please show respect as an audience by not entering or leaving the concert whilst students are performing. Students are also expected to remain for the entire concert and show respect to other students by listening to their performances.

Supper provided. All welcome!

IMPORTANT NOTICE FOR PARENTS/CAREGIVERS

Wycheproof P12 College's grounds are supervised by school staff from 8.35am until 3.20pm. Outside of these hours, school staff will not be available to supervise students unless special arrangements have been made with school staff.

Students and families are encouraged to regularly read our school policies found on our school website. We thank all our School Council members who spend many hours regularly reviewing our school policies. We invite and welcome feedback relating to these policies and other school procedures.

STUDENT ABSENCE

The school needs to be notified of a student absence by 10am. A phone call to the school office, note in the student diary or XUNO absence notification noting the reason for their absence, are all acceptable notifications. This is to satisfy the legal requirements of the Department of Education.

2023 WINNERS



Year 11/12: Kate Thompson
'Fast Fashion'



Year 9/10: Jacob Harrison
'Homework'



Year 7/8: Hayley Yasa
'Empowering Women'



Year 5/6 Ever Harrison
'Deforestation'



2023 FINALISTS

Back row: Kate Thompson, Kelly Hogan, Angus Cowell, Libby Thompson, Jacob Harrison, Whitney Jones, Demi Matheson (highly commended), Amara Cowell.
Front: Hayley Yasa, Dakota Connolly, Zeke Harrison (highly commended), Ludah Harrison, Ever Harrison.

2023 Public Speaking Competition

The annual Public Speaking Competition was held on Wednesday, August 2nd, with 13 finalists stepping up to deliver a speech in front of the school.

From empowering women to child labour, the finalists tackled a wide range of complex topics.

The judges commended each speaker on their effort to ensure their speech was well-researched, structured and delivered with audience engagement in mind.

Congratulations to all students who stepped out of their comfort zone to compete in the annual competition!



Ludah



Zeke



Kelly



Dakota



Demi



Angus



Libby



Whitney

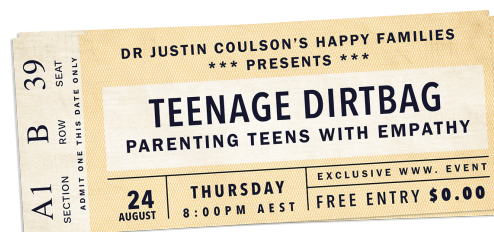


Amara

Celebrating 100 Days of School!



The Prep/1/2 class marked 100 days of school earlier in the term with some fun activities, including making \$100 with coins and spending the imaginary \$100 using a toy catalogue. Each student also made a shirt featuring 100 of something, such as beads. In this picture they are using 10 groups of 10 fingers to make 100!



A free 30-minute session on parenting teens will be held on August 24. Parents/caregivers interested can attend by visiting the following link:
<https://happyfamiliesfamilyeducation.ac-page.com/teenage-dirtbag>



ALL YEAR LEVELS

SRC Colour Run
 opt-out and lunch order slips.
 Due back by Sep 1
 to the Office.

Prizes for best costume

Book Week
Dress Up Day
Tuesday
August 22nd

Dress up as your
favourite book character.

CHILDREN'S
BOOK WEEK®

#CBCA2023

READ
GROW
Inspire







Daniel, Chevy, Ever, Harry, Daniel, Connor & Ludah



Harry & Finbar

Year 5/6 Sovereign Hill Camp



Daniel



Chevy, Ever & Ludah



Connor



On July 24, the Year 5/6s journeyed back in time to the 1850s at camp at Sovereign Hill, Ballarat.

The first day was spent adventuring around the town, looking at all the different businesses from the 1850s. We learnt about candle making and confectionary making. We also descended down a real underground mine. The second day saw us get up early for breakfast and then we arrived at Red Hill National School, where we dressed up in 1850s costumes. We spent the day learning about how kids in the 1850s did school. We learnt how to write with dip pens, writing in the font copperplate. This was really tricky as the ink was very wet and you had to make sure to blot each word. We also went gold panning and were quite successful in finding specks of gold.

In the evening, we went to 'The Aura'. This was a fantastic sound and light show, where we learnt about the Eureka Stockade.

On the third day, we got dressed in costume again for school and saw the Red Coats shoot rifles. They were celebrating a victory against the miners. Once we got back to the school after that excursion, the girls learnt some sewing, they sewed bookmarks, and the boys learnt how to draw detailed images. After that, we visited the Blacksmith and on the way we saw a horse and cart taking people around the town.

Overall, the camp was a great experience. It was great to learn how the school day ran and about the life on the goldfields in the 1850s.

- Ever Harrison, Year 6



Kindness Week focus on cybersafety

This week is Anti-Bullying Week and the National Day of Action is Friday 18 August. I like to call it a Kindness Week as this

meets all the school values including and most importantly the value of respect. The national focus is on being kind online and in social media. If parents would like more information and to view some online webinars information is found at www.esafety.gov.au The Year 5/6 and 7/8 groups will tune into webinars during class times on Friday. These webinars will focus on eSafety.

There are also some colouring posters in the library for students to do and some film clips during lunchtime on the kindness theme.

LGBTIQA+ Diversity

We all need allies and buddies, but anyone who feels different and may feel they don't fit in need allies even more. Wear it Purple Day is a day where allies can show support for gender inclusion for those who are certain or questioning around LGBTIQA+ identity. On Friday 25 August we will mark Wear it Purple Day for information see the website <https://www.wearitpurple.org/>

Going viral

No, I don't mean lots of likes online, this is closer to home. Keep well these last few weeks of term - with COVID still around and other respiratory viruses including Respiratory Syncytial Virus (or RSV) still doing the rounds.

Avoiding these viruses is the best way to be fit and healthy. Try and eat a diet full of fresh vegetables and fruit, develop a good sleep routine, make sure you exercise and most importantly abide by cough etiquette making sure that you cough into a tissue or sleeve and wash your hands or use hand sanitiser at every opportunity particularly before eating.

Stay home if unwell and ensure Flu and COVID vaccinations are up to date.

I promoted this site last newsletter, and recommend the evidence-based information on how to manage cold viruses in children from the Royal Children's Hospital Kids Health fact sheet and health information website at https://www.rch.org.au/kidsinfo/fact_sheets/respirator_v_syncytial_virus_rsv/

E-cigarettes

If you missed the Bendigo Health Tough Talk on E-cigarettes and Vaping you can catch up with the vimeo recording <https://vimeo.com/848268243?share=copy> This was a very informative session with some great information and strategies from the health promotion team at Bendigo Health and the School Nursing team. The dangers of the chemicals in e-cigarettes and vapes cannot be stressed

enough. The dangers of tobacco and the time it takes for health problems to develop are well studied. With e-cigarettes and vapes, serious health problems seem to develop much faster and because it is an unregulated market we really don't know the actual mix of chemicals that are being inhaled. With more and more studies now being done some of the answers are clear. To get the facts see the QUIT website <https://www.vapingfacts.org.au/>

To help with gathering information, Northern District Community Health is seeking adults aged 18-30 years for a research survey on smoking and vaping. You can access the short survey here at www.ndch.org.au/survey

Wellbeing team: health and mental health support The Secondary School Nurse program is available to all secondary students and you don't need a referral. The school nurse is employed by the Department of Education and is in your school to support student health and wellbeing. Wellbeing is for all students. Call in to the Health Hub office for a confidential chat.

Chantel White is our school's Mental Health Practitioner. For referrals to Chantel, students can talk to members of the school wellbeing team or their teacher.

headspace Swan Hill provide a service to students at Wycheproof P-12 College. To link in with Celeste Costa phone (03) 4010 7100, or to make a referral <https://headspace.org.au/headspace-centres/swan-hill/>

Triple P

Supporting your child's development, to grow closer and solve problems in a positive way is the goal of the Positive Parenting Program (Triple P). For more information see <https://www.triplep-parenting.net.au>

Food choices are important for all year levels

The Year 12s tell me they enjoy superfoods and have eaten through a biscuit barrel of superfood bars. They were made with ingredients such as olive oil, oats, pepitas (which promote healthy skin and bone, energy production, vision health and immunity) and cranberries. Adding superfoods to your diet may be easier than you think and a good way to avoid students being tired, sad, cranky, or unwell.

For information on food to bring to school see <https://heas.health.vic.gov.au/schools/healthylunchboxes>

Support services & helplines

Parentline 132289

headspace call back 1800 650 890 or eheadspace www.headspace.org.au

Autism Connect helpline 1300 308 699 or webchat www.amaze.org.au

Kids Helpline 1800 551 800



MATES PROGRAM DIARY DATES

Friday, September 1

Lunchtime walk. Meet at the Stadium carpark at 1pm.

Saturday, October 14

Relay for Life event. 9am - 9pm. Register your teams now via the QR code below



MATES Term 3 update

This term we have had a few activities, including a lunchtime walk around the wetland area and last week we had 22 participants come together to listen to our Mentors Trevor Rumbold and Marney Durie talk about their pathways since leaving Wycheproof P-12 College. Both Trevor and Marney talked about their university courses, travel and the jobs (paid and unpaid), which opened up ideas and aspirations for our students going forward.

After our presentations we handed over to the Games Master and birthday boy Paddy, who got the games tables rolling.

Thanks to everyone who was able to attend and make such a great night of it.

Reminder: only 60 days to go before our Relay for Life event, so please start registering/joining your teams and let's get together to Celebrate, Remember and Fight Back against Cancer!

<https://www.relayforlife.org.au/event/wycheproof-college-2023>

Year 8 North Central Trade Training Centre Orientation Day



Hayley, Adele, Dane and Dakota at the Orientation Day on August 14th.



Leyland and Darcy try out some woodwork.



Brayden and a fellow orientation student.



WHAT'S NEW IN THE LIBRARY...

PRIMARY FICTION

One Wrong Turn

By Cheneé Marrapodi

Amelia loves ballet. Her mum and Dad were both dancers and it is all she can ever remember wanting to do. As the top student at an elite ballet school, she is hoping (and expecting) to land the lead role in the upcoming production of Cinderella. However when Valentina, the new student from Italy arrives, she also is determined to prove herself, and so a rivalry between her and Amelia starts. This is an intriguing story of the competitive world of elite ballet and how friendship is the key to becoming your best self. (Year 5+)



SECONDARY FICTION

The Quiet and The Loud

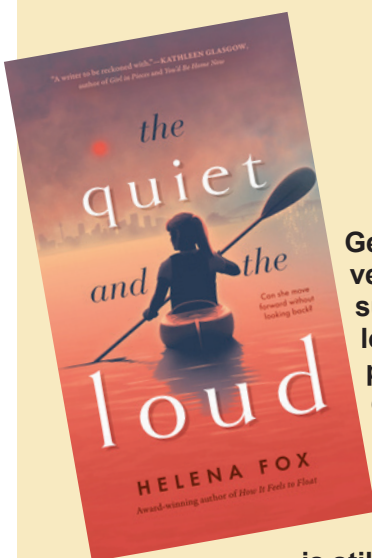
By Helena Fox

George is living in a very chaotic world and surrounded by a demanding, loud family. Her heavily pregnant best friend Tess, environmentally stressed friend Laz, artist mum Mel, Gramps and his carousel of dates, Sara, her biological mum, who is still hiding past trauma... and

maybe her Dad is dying.

Set in Sydney, just before and during the 2019 bushfires, we discover more of George's world and watch her struggle to keep everyone happy, only to end up pleasing no one, especially not herself.

Lyrical and evocative writing about some heavy themes make for a thought-provoking read for ages 14+.



BEANIES, BEANIES, BEANIES!!!



School beanies are now available!
Grab yours from the office for just \$20.
Here we have Miss Munro-Foord and Miss Fawcett modelling the newest addition to our school uniform!

AG CAREER START
LEARN. GROW. FARM.



THE GAP YEAR WITH A DIFFERENCE.

LEARN ALL ABOUT THE AgCAREERSTART 10-12 MONTH GAP YEAR PROGRAM AND HOW IT CAN SET YOU ON THE PATH TO A CAREER IN AGRICULTURE.



Scan the QR code to find out more.



APPLICATIONS CLOSE
OCTOBER 15, 2023



The AgCAREERSTART pilot is funded by the Australian Government



SQUIZYA CHAMPIONS (HOMEWORK)

Yr 5	Finbar Polzin
Yr 6	Ludah Harrison
Yr 7	Mitchell Coatsworth
Yr 8	Dane Bartram
Yr 9	Max Fawcett & Jesse Fawcett
Yr 10	William Ison & Mason Sheahan

Primary Maths



Math skills multiply in the kitchen

Math class looked a little bit different for the Year 3/4 class this week as they ventured to the Home Eco room with Mrs Watts to whip up some scones!

Assisted by the Year 10 students, they were set the task of cooking up a batch of scones. They worked in groups to measure, weigh and portion out ingredients, applying measurement and fraction knowledge. Then they applied multiplicative thinking skills (ability to use multiplication and division in everyday tasks) to arrange them in an array on the tray. A fun and tasty way to use math skills in an every day activity!



UPDATE



TERM 3, WEEK 5-6

Class Growth

Yr Level	Average	Current
5	129%	140%
6	104%	78%
7	76%	126%
8	85%	73%
9	80%	109%
10	104%	112%

Highest growth this fortnight

Student	Growth
Finbar Polzin	300%
Ludah Harrison	100%
Jenna Hogan	119%
Dane Bartram	200%
Jessie Fawcett	167%
Gracie Humphreys	267%

Highest individual average

Student	Growth
Connor McLeod	223%
Harry Humphreys	130%
Desmond Polzin	200%
Dane Bartram	203%
Angus Cowell	117%
Keely Allan	237%

Parents and students are reminded that Maths Pathways can be accessed from any location. The percentage score is a reflection of how much growth a student is achieving. Eg. 117% = student is learning at the rate of 1.17 years.



VOLUNTEERS NEEDED

The Wycheproof-Narraport Canteen Committee is seeking volunteers to help out on Saturday, September 2nd for the North Central Football League Semi-Final in Wycheproof. Please contact Suzanna on 0457 244 197 if you're able to assist in any way.

COMMUNITY PLAN - PUBLIC REVIEW

Wycheproof Community Plan survey results - come and see what has been said! Drop in and have a cuppa any time between 3pm - 5pm on Wednesday, August 23 at the Shire Hall or come along for a bite to eat at 6pm and help review what has been written and guide the community's main priorities. Contact Community Plan Coordinator Martin Duke on 0458 788 747 for more information.

HELLO HAPPY SNAPPERS!

WCRC is seeking entries for the 2024 Wycheproof Community Calendar. Send in your photos and they could be featured. It could be landscape, a portrait, an event - as long as the photo is uniquely Wyche! Email your original HD formatted entry to manager@wycheproofcra.org.au ASAP.

DEMONS VOTE COUNT

SUNDAY SEPT 3
After the NCFL second semi final in Wycheproof.

We invite all players, spectators, club members and the wider community to come and support the Demons last event for the 2023 season. Good Luck to all those in finals.

Time: 10.30am Start
Where: Football Rooms
What: BBQ lunch and counts

Kids Lollie Throw

Friends of East Wimmera Health Service
— **Wycheproof Campus**

QUIZ NIGHT

When:- Friday 18th August 2023 @ 7pm
Where:- Wycheproof Golf Clubrooms
Cost:- \$15 per person

Great Questions
Lots and lots of Prizes
Supper provided

Great night out

Bookings to 0409 215 748 or 0438 529 573

Who will you Relay for?

Wycheproof P-12 College Sat 14th Oct 2023
Wycheproof Recreation Reserve

relayforlife.org.au | 1300 65 65 85

Celebrate survivorship. Remember loved ones lost. Fight back against cancer.

VOLUNTEERS NEEDED

FOR A STUDY ON VAPING AND SMOKING

DO YOU SMOKE OR VAPE?
ARE YOU AGED BETWEEN 18 AND 30 YEARS OLD?
DID YOU START SMOKING WHILE LIVING IN THE BULOKE, LODDON OR GANNAWARRA SHIRES?

Participation involves a short 10 minute anonymous survey.

To Participate:
Visit www.ndch.org.au/survey
or use the QR code above

More information
Email us: Morgan.Spencer@ndch.org.au

Colour run

Friday September 15th
recess: donuts for sale (\$2)
lunch: BBQ and music
period six: colour run!

Bring white clothes to wear

LGBTQIA+ support

SRC Wycheproof p-12 college

REX THEATRE
30-34 High St Charlton 3525
T: 03 5481 2533
boxoffice@rextheatre.org.au
www.rextheatre.org.au

Crow Kid

by Lemmy S Puppet Theatre

COMING Live
Tuesday 19 September
Workshop | 10am
Show | 2pm

Tickets:
Workshop: \$10
Show: \$15
Family (show): \$40
(2 children + 1 adult) save \$5
(Workshop: 90 mins | Show: 45 mins)

Bookings: <https://events.humanitix.com/crow-kid>

This project is supported by Regional Arts Victoria and Creative Victoria and was commissioned by Maroondah City Council and premiered in ArtSpace at Reelin, Ringwood, Victoria