

Wycheproof P-12 College

A State school established in 1876



03 5493 7409 Fax: 03 5493 7506



wycheproof.p12@education.vic.gov.au

www.wyche12.vic.edu.au



Newsletter #1 - Tuesday, February 13

Welcome Back to Term 1 – 2024

We are looking forward to a fabulous 2024. The summer rains over the holidays have set us up for another great year.

In 2024 we will be completing a school review process (Term 3) in which we will reflect on what needs improving, what has been successful and where to (for the next four years). We will be looking to all members of our school community to be an important part of this process. There were so many highlights throughout 2023 and you only have to get to know a child at our school to understand that the future is bright. That is not to say that everything and every child is perfect. Far from it. We all make mistakes in life. It is how you move on from those mistakes that is important.

To our school we welcome back **Tessa Coles** and we welcome new staff members **Jane Stanley** (Year 8 Maths, 5/6 Art and some other classes yet to be determined), **Kaitlin Lewis** (mainly teaching in the Year 2/3/4 room) and **Wendy Pollard** (who is well known to everyone in our community and will also have a part-time teaching role taking Technology studies). **Jordan Howell** will also join our staff to take on some computer responsibilities. The Year 3 and 4 Student Coordination duties will be split between Nikki Coatsworth and Taryn Smith. If your child is in Year 2 and you have any concerns, please contact Mrs Coatsworth. If your child is in Years 3 and 4 and you have any concerns, please contact Miss Smith. Most of our staff are part time and as such will not be here every day. We will be busier than ever and as such we ask that if you do want to speak to a staff member, please come and see us if you have any concerns or your child is unhappy. There are many positives about our school and the outstanding factor is our students. However, that does not mean we do not need to remind them sometimes about what constitutes respectful behaviours. Please make an appointment though, as every day is extremely busy. This is because ensuring that a quality teaching and learning program is in place is our priority.

Continued inside: information regarding CODE RED DAYS, SCHOOL COUNCIL ELECTIONS & ANNUAL PRIVACY REMINDER.

Christine McKersie - Principal

2024 DIARY DATES

FEBRUARY

| | | |
|-------|----|---|
| Wed | 14 | School Photos |
| | | School Council meeting |
| Mon | 19 | NCD Swimming - St Arnaud |
| Tues | 27 | SRC training in Birchip |
| Thurs | 29 | Year 12 "Look out for your mates" session |
| Fri | 30 | Year 9/10 wellbeing session |

MARCH

| | | |
|-------|-------|--|
| Thurs | 7 | NCD Triathlon - Boort |
| Mon | 11 | Labour Day Public Holiday |
| Tues | 12 | LMR Swimming - Swan Hill |
| Wed | 20 | School Council meeting |
| Fri | 22 | Year 9/10 wellbeing session |
| Mon | 25-27 | Year 7/8 Camp - Queenscliff |
| Mon | 25 | State Schools Spectacular rehearsals - St Arnaud |
| Thurs | 28 | Last day of Term 1 - 2.30pm finish |
| Fri | 29 | Good Friday Public Holiday |

APRIL

| | | |
|-----|----|---------------------|
| Mon | 15 | First day of Term 2 |
|-----|----|---------------------|



STUDENT LEADERS APPOINTED



2024 School Captains
Paige Arnel & Sharna Bartram

Wycheproof P-12 College ~ "Be Your Best"

2024 SCHOOL COUNCIL ELECTIONS

Every year at this time, School Council membership comes up for nomination and, if necessary, election/re-election. This year we are seeking two parent members to re-nominate or join our School Council. We thank Brett Thompson (our School Council President), Donna Egan, Stuart Nicholls (Vice President), Georgina Morrison (Treasurer) and Mel Waters for their time on our council and we are keen to have their continued guidance during our school review year. As we have two parent vacancies to fill, we are hoping that Brett Thompson again re-nominates for another two-year term, especially in this year of review and reflection for our school, and another parent will nominate to fill our vacancy position. We are also hoping that Claire Ison will again re-nominate as our DE representative (Catherine Grant will continue as our Minute Secretary) and also Savannah Nicholls as a student representative. Keely Allan will continue her two-year term as a Student Member of our council and I will act as Executive Officer. Whitney Jones continues in her two-year term in the Community Member Category (Whitney was co-opted last year). If there are more nominations than positions, there will be a requirement to have an election. Council is an important body of the school organisation and is responsible for the operations of the school. Nomination forms can be found in our first Newsletter or, please call into the office or ask your child to bring one home for you.

**Nominations for these positions CLOSE
Thursday, February 22nd at 4pm**

| EVENT | DATE |
|--|--|
| Notice of election and call for nominations | Thursday 1st February 2024 |
| Closing date for nomination | Thursday 22nd February 2024 at 4pm |
| Date by which the list of candidates and nominations will be posted | Friday 23 rd February 2024 |
| Date by which ballot papers will be prepared and distributed (if needed – that is more nominations received than positions vacant) | On or before Thursday, 29th February 2024 |
| Close of ballot | Thursday 7 th March, 2024 |
| Vote count | 8/3/2024 (Insert a date immediately after the close of ballot – again will only occur if needed) |
| Declaration of ballot | 12/3/2024 (Insert a date immediately after the close of ballot – again will only occur if needed) |
| Special council meeting to co-opt Community members (the principal will preside) | 20/3/2024 |
| First council meeting to elect office bearers (the principal will preside) | 20/3/2024 |

INFORMATION FOR PARENTS

What is a school council and what does it do? All government schools in Victoria have a school council. They are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

Who is on the school council? There are three possible categories of membership:

- A mandated elected Parent category. More than one third of the total members must be from this category. Department of Education and Early Childhood Development (DET) employees can be Parent members at their child's school as long as they are not employed at the school.
 - A mandated elected DET employee category. Members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.
 - An optional Community member category. Its members are appointed by a decision of the council because of their special skills, interests or experiences. DET employees are not eligible to be Community members.
- The term of office for all members is two years. Half the members must retire each year, creating vacancies for the annual school council elections.

Why is Parent membership so important? Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school. Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved? The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant.

In view of this, you might seriously consider:

- standing for election as a member of the school council
- encouraging another person to stand for election.

Do I need special experience to be on school council? No. What you do need is an interest in your child's school and the desire to work in partnership with others to help shape the school's future.

What do you need to do to stand for election? The principal will issue a notice and call for nominations following the commencement of Term 1 each year. All school council elections must be completed by the end of March. If you decide to stand for election, you can arrange for someone to nominate you as a candidate or you can nominate yourself in the Parent category. DET employees whose child is enrolled in a school in which they are not employed are eligible to nominate as parents for the school council where their child is enrolled. Once the nomination form is completed, return it to the principal within the time stated on the notice of election. You will receive a Nomination Form Receipt in the mail following the receipt of your completed nomination. If there are more nominations received than there are vacancies on council, a ballot will be conducted during the two weeks after the call for nominations has closed.

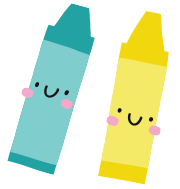
Remember

- Ask at the school for help if you would like to stand for election and are not sure what to do
- Consider standing for election to council this year
- Be sure to vote in the elections (if there is one that occurs at our school – that is, if the number of nominations outnumbers the number of vacancies).

Contact the principal for further information.



WELCOME 2024 PREPS



ADELINE
BRENNAN



FLYNN
CRAWFORD



ISABELLE
STEVENS



JAYDEN
WRIGHT



JEM
PELLEGRINO



LUCAS
DURIE



MAX
HARRISON



MINA
AERBBOON



2024 STUDENT LEADERS



School Captains

Paige Arnel & Sharna Bartram



Broadway House Captains

Demi Matheson & Matilda Bish



Calder House Captains

Isabelle Mulquiny & Keely Allan



Music Captains

Ruby Ison & Libby Thompson



SRC President

Whitney Jones

2024 STUDENT LEADERS



Year 9/10 Class Captains

Grace McKersie & Jesse Fawcett



Year 7/8 Class Captains

Kelly Hogan & Saeed Alamoudi



Year 5/6 Class Captains

Chevy Bartlett & Finbar Polzin



Year 2/3/4 Class Captains

Ryder Harrison & Leeah Crawford



Prep/1 Class Captains

Tex Coles & Willa Lord

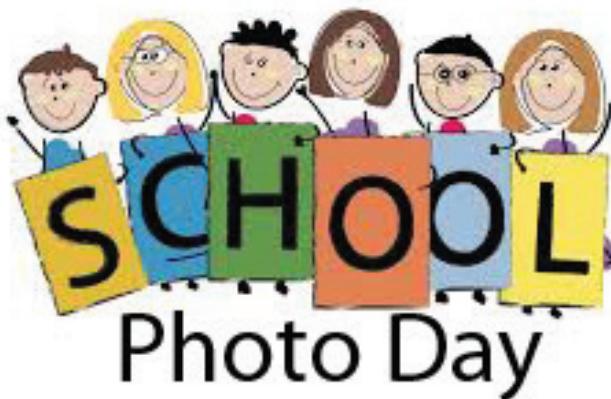
2024 PARENT PAYMENT ARRANGEMENTS

Wycheproof P-12 College works in close partnership with parents and the broader school community to provide the best educational opportunities and outcomes for students both inside and outside the classroom. Through this partnership, parents understand that the contribution they make to their children's education, in all its various forms, has an important role in enriching our school's learning and teaching program and improving educational outcomes. The commitment from parents to contribute, benefits students and results in improved achievement outcomes, wellbeing and engagement in learning. This is why parent contribution is highly valued by the Wycheproof P-12 College school community.

Information regarding the 2024 Parent Payment is available on our website;
<http://www.wyche12.vic.edu.au/> or you can contact the school office - 5493 7409.

2024 YEAR LEVEL COORDINATORS

| | |
|----------|-------------------------|
| PREP-2 | MRS. NIKKI COATSWORTH |
| YR 3-6 | MISS TARYN SMITH |
| YR 7/8 | MISS GEORGA MUNRO-FOORD |
| YR 9/10 | MISS SUZANNA FAWCETT |
| YR 11/12 | MRS. CLAIRE ISON |



Wednesday
14th February

Annual privacy reminder for our school community

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy. Please take time to read our school's collection notice, found on our school website. We ask parents to also review the guidance we provide on how we use Google Workspace for Education safely at the school and what parents can do to further protect their child's information.

If after reviewing the guidance, you have any questions or concerns regarding your child using Google Workspace for Education, please contact the school.

For more information about privacy, refer to: Schools' Privacy Policy — information for parents.

This information is also available in ten community languages:

- * Amharic
- * Arabic
- * Dari
- * Gujarati
- * Mandarin
- * Somali
- * Sudanese
- * Turkish
- * Urdu
- * Vietnamese

NOTICES HOME

Prep - Yr 12

Start of Year Forms

(Enrolment details, annual consent form, digital learning & devices policy, new computer user arrangements)

From: Office - return ASAP

Yr 7 & 10 students

Immunisation forms

All cards must be filled out and returned regardless of whether or not you're consenting to immunisation.

From: Office - return ASAP

Yr 3 - 9 students

WICKED the musical

Expressions of interest from students in Year 3-9 who would like to attend WICKED the musical on May 1. 1pm matinee performance with a Q&A with cast and crew!

Tickets will be offered to older students if there are not enough

Yr 3-9 students interested.

From: Office - return ASAP

Yr 10 students

Work experience information

From: Mrs Ison - return ASAP

Code Red Day -

Fire Warning & Emergency Management & Emergency Communication

We are a Category 4 School (rating in Emergency Management) which will mean that on a CODE RED DAY our school will be closed. No buses will run. Generally, we will know a couple of days in advance if this is likely to occur, but it will be determined usually by 1pm the day before. No one is to be on-site if that occurs. Even on EXTREME WEATHER DAYS we still need to be very alert as to what is happening. If a CODE RED DAY is declared we may need to get students out quickly if they are on camp, or, we may need to cancel, or even, keep students there an extra day (if they are supposed to be travelling out that day). Of course, EXCURSIONS will not take place on a CODE RED DAY and even on an EXTREME WEATHER DAY, we may decide to cancel an excursion. Our climate is changing and becoming hotter, and the wind can be very gusty. Notices will also be sent out via XUNO and hopefully there will be enough warning that we can tell students during the day. If this occurs on a weekend, no-one will be allowed on school grounds and the gym will be CLOSED. In the case of any EMERGENCY the school will communicate with parents via XUNO messages.

Arriving Late & Leaving Early

Students who arrive late to school or plan on leaving early **MUST** have a signed note in their diary or a XUNO absence notification, and must sign in or out using the 'Sign In & Sign Out' book located in the office.



2023 Dux Kate Thompson (centre) spoke to senior students about her VCE journey recently. Pictured with this year's Year 12 students.



Kate shares VCE journey, study tips & tricks

2023 Dux of Wycheproof P-12 College, Kate Thompson, returned to school last week to speak to Year 9-12 students about her VCE experience. Kate received an ATAR of 97.85 and this year is having a gap year in England. She will be working at an outdoor activity centre with young people and in 2025 hopes to commence a course in Engineering at the University of Melbourne.

Kate gave the group lots of advice such as the importance of maintaining a sleep schedule; she was in bed by 10:30pm every night. In terms of homework, she completed a 'to-do list' and encouraged students to stay on top of any set tasks. She advised them to put their heads down and work hard, but also ensure they take breaks like going for a

walk or hanging out with friends.

Kate managed to complete her schoolwork, play netball and work at the EWHS throughout the year. She also completed a lot of practice exams and marked these herself, noted mistakes which gave her effective feedback on areas that she needed to improve upon. She used Edrolo, mind maps and flash cards to assist her with her revision. Kate limited the use of her mobile phone and would not bring it to school or have it in her room when doing homework or studying. She also limited time on social media. Demi Matheson thanked Kate for her insightful presentation and wished her all the best for the year. Thanks Kate!!



Calder House Captains
Keely Allan & Isabelle Mulquiny



Locke Coles



Bella & Tory Pollington



Jayden Wright



Paige Arnel, Sharna Bartram, Matilda Bish, Demi Matheson & Isabelle Mulquiny after the Year 12 girls novelty race

2024 HOUSE SWIMMING CARNIVAL



Mason Barton, Finbar Polzin, Daniel Greco, Daniel Fitzpatrick & Riley Beattie cheer on their teammates



Jem Pellegrino & Lucas Durie



Paige Arnel



Mina Aerbboon



2024 Broadway House Captains
Demi Matheson & Matilda Bish

RESULTS
BROADWAY: 927 PTS
CALDER: 772 PTS



2024 INDIVIDUAL AGE CHAMPIONS

YEAR 2/3/4

Esse Coles (B) - 30pts
Ryder Harrison (C) - 30pts

YEAR 5/6

Jewels Barton (B) - 67pts
Finbar Polzin (B) - 61pts

YEAR 7/8

Priya Coatsworth (B) - 64pts
Mitchell Coatsworth (B) - 62pts

YEAR 9/10

Libby Thompson (B) - 70pts
Darcy Coles (C) - 51pts

YEAR 11/12

Demi Matheson (B) - 67pts
Jacob Harrison (C) - 53pts

Perfect summer weather greeted us for our annual House Swimming carnival. Our senior school student leaders took charge this year and raised the standard by organising their troops and taking on commentating duties throughout the day. Well done, girls. Next year's leaders now have big shoes to fill in 2025. It was great to see so many pupils 'Be Their Best' and have a red hot go at all events. Having a good team spirit and giving your

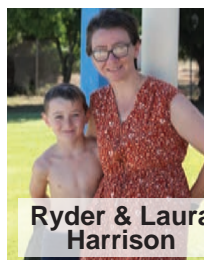
best effort – even if you're not the strongest swimmer – helps gain valuable points for your respective house. This is what led Broadway onto another convincing win for the coveted shield. Keep persevering Calder. A win is not that far away. Standout secondary school performers will now represent our college at the NCD carnival at St Arnaud and we wish them all the best as they try to claim some silverware for our school.
- Mr Duffy



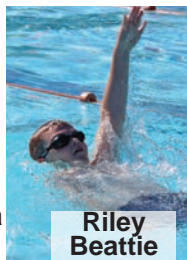
Hayley Yasa & Olivia Driscoll



Kayley McLeod



Ryder & Laura Harrison



Riley Beattie



Former pupils Kasie & Hayley along with mum Lynlee are 'interviewed' by Paige



Brayden Lourdsnathan & Carlo Krueger



Gracie Humphreys, Eliza MacDonald & Zeke Harrison



Mitchell Coatsworth



Darcy Coles in the Yr 9/10 boys butterfly event



NEW RECORDS!!!



Yr 11/12
Demi Matheson (B) 1:19.78 99m Freestyle

Yr 9/10
Libby Thompson (B) 24.50 33m Butterfly

Yr 3/4
Edie Pellegrino/Esther Coles/Leeah Crawford/
Ryder Harrison 4 x 33m freestyle relay



Priya Coatsworth & Jenna Hogan

Career Pathways Program



Angela Poxon from the North Central LLEN, is the school's Individual Career Pathways Coordinator. Angela is a qualified Career Development Practitioner who visits the College regularly each term for Career Development appointments with all students in Years 9-12.

During these appointments students discuss subject selection, personal strengths, abilities & interests, goal setting, career interests, resumes, work experience opportunities, post school study/work options etc.

Each student has a Career Pathways Plan that is updated after each appointment, and these reports are available to the students and their parents.

Appointments are organised each week.

www.ncllen.org.au/careers-748986.html



March 5th to March 26th, 2024

Are you in Year 10, 11 or 12? Then Explore Day is your chance to check out what life at Charles Sturt University is like. Keen to check out where you'll be staying? Take a look at our accommodation and tour our campus, chat with students and get the lowdown from lecturers. There's even a free lunch and a swag bag of goodies.

Each of our Explore Day campuses will run different sessions on everything from arts to vet science, so there's lots for you to explore.

<https://study.csu.edu.au/why-charles-sturt/events/explore-day>

Victorian

careers & EMPLOYMENT expo

TERTIARY ▶ SKILLS ▶ TRAINING ▶ JOBS

March 14th to March 16th, 2024

Victorian Careers & Employment Expo is open from March 14 to 16, 2024 at the Melbourne Showgrounds. The Expo will showcase over 130 organisations and employers with career opportunities for all ages. Visitor entry is free.

www.careeremploymentexpo.com.au/Victorian.html



Attention: Year 12 Students



University of Melbourne Hansen Scholarship

Open: February 5, 2024

Close: April 3, 2024

Value: Up to \$108,000 AUD

<https://scholarships.unimelb.edu.au/awards/hansen-scholarship>



Australian National University

ANU Tuckwell Scholarship Program

Open: March 7, 2024

Value: \$24,700 AUD per year

<https://tuckwell.anu.edu.au/apply>

Marine Biology Experience

UNIVERSITY of
TASMANIA



April 22nd to April 28th, 2024

A practical learning experience on Maria Island for **year 11 and 12 students**. This predominately field-based unit consists of 5 days on picturesque Maria Island on the Tasmanian East Coast. The unit is open to 24 students and is designed to engage, challenge, excite and inspire you through a hands-on marine science program.

To help with the cost of getting to Tasmania, year 11 and 12 students currently living interstate will automatically go into the running to receive one of five fully funded packages.

Please note, applications close at 11.59pm on Monday, 26 February.

www.utas.edu.au/community-and-partners/schools/activities/sciences/maria-Island-marine-biology-experience

Angela Poxon 
Careers and Pathways
Email: a.poxon@ncllen.org.au

WELCOME

NEW STAFF



Miss Jane Stanley
Primary & secondary teacher



Miss Kaitlin Lewis

Year 2/3/4 teacher



Jordan Howell
IT support



Mental Health Practitioner

Welcome to students and families for 2024.

Mental Health Practitioners are qualified mental health professionals working in schools to support secondary students, both with 1:1 counselling and group programs, as well as early intervention and health promotion services. This year I will be available for student counselling in-person and via telehealth on Thursdays and Fridays. Parents can refer their Year 7-12 child to the service by contacting their child's Year Level Coordinator or completing a form available at the office. Students can also self-refer by completing the form or dropping into my office. I will also be running small group workshops throughout the year and providing students and parents with information on a variety of wellbeing and mental health topics.

Please feel free to contact the school if you want to have a chat with me about your child's wellbeing and mental health.

- Chantel White

Secondary School Vaccinations in 2024

The Secondary School Vaccine Program offers free vaccinations to Year 7 and Year 10 students.

These vaccines provide protection against:

Year 7 students

- Diphtheria, tetanus and whooping cough (pertussis) - one injection
- Human Papillomavirus (HPV) – one injection
- Meningococcal ACWY – one injection

Parents/guardians of Year 7 and Year 10 students should look out for the vaccine consent forms coming home from school with your child. You need to read the information, complete and return the form regardless of whether your child is being vaccinated at school.

The Buloke Shire Council immunisation service may contact you about the Secondary School Vaccine Program. Schools are authorised to provide basic parent/guardian contact details to local councils for this purpose. Contact the school by 28 February each year if you do not want your contact details given to the Buloke Shire Council immunisation service.

To learn more about the Secondary School Vaccine Program, the vaccines, the diseases they protect against, or how you can prepare your child for vaccination, go to: <https://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools>





Year 7/8

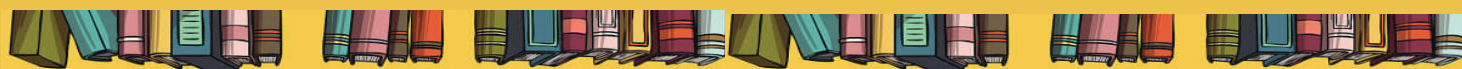
HONEY JOYS



Ludah, Jenna,
Desmond & Harry



Kelly, Zeke
& Harlan



WHAT'S NEW IN THE LIBRARY...

The Peak: Spy Academy #1

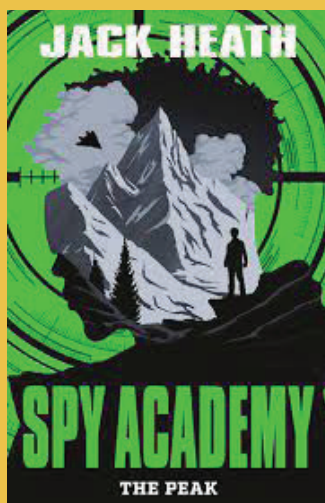
Jack Heath

"Congratulations, you've been recruited."

After thwarting a robbery, Nolan Hawker is invited to the world's most dangerous school.

At The Peak, he learns to crack codes, fly planes and deceive enemies so he can someday infiltrate the deadly anarchist group known as Swarm. But someone at the Peak secretly works for Swarm and they have a plan – the kind no-one walks away from. Can Nolan find the traitor before it's too late? This is the first in a new action-packed middle grade fiction series. On-the-edge of your seat mystery adventure chock full of hair-raising situations, high-tech gadgetry and daring young spies.

Ages 12+



Nerra - The Broken Rainbow

Tasma Walton & Samantha Campbell

When Nerra's great-grandmother passes away, she leaves a box of artefacts to Nerra. Nerra is drawn to the clapsticks which glow red hot, and when she picks them up, she is transported back in time. The Dreaming is out of balance and a hero is needed to help.

This is a terrific Dreaming story full of adventure and action, with a strong female character that is all about ancestry and connection to Country.

Ages 10+



FUNDRAISER!!! FUNDRAISER!!! FUNDRAISER!!!

Fundraising is underway to help reduce the costs of our students participating in the 2024 State Schools Spectacular.

Pop into the Wycheproof Newsagency to buy a ticket in the Supplotto draw (thanks Sue-Anne!) and don't forget you can donate your CDS refund to Wycheproof P-12.

Simply nominate our school when your drop off your recycling at a refund point by using our partner number:
C2000008996

Student of the Week



Leeah Crawford

Yr 2/3/4

Helping younger students settle into the 2/3/4 room

Willa Lord

Prep/1

Fantastic writing

Ebony Barker

Year 5/6

For a positive start to the year and fantastic attitude

Interested in passing on your skills and knowledge to the next generation?

WHY NOT TRY VET TEACHING?

Vocational Education and Training (VET) teaches practical skills for specific careers through hands-on learning.

If you hold an industry qualification and work experience in a specific field, by gaining your Certificate IV in Training & Assessment, you will be able to share these skills with students.

Some examples of courses you could teach are:

- Certificate II in Engineering Studies
- Certificate II in Building and Construction
- Certificate III in Early Childhood Education & Care
- Certificate II in Agriculture
- Certificate III in Allied Health
- Certificate III in Music



There is a unique opportunity to complete your Certificate IV in Training & Assessment (TAE40122) locally in Charlton, in 2024!

This is an intensive program that will be delivered by Ripponlea Institute over 3 blocks. This intensive program will allow you to complete your qualification quickly with the added benefit of being local with supportive face to face delivery.

DATES

Block 1: 4th, 5th & 6th March
Block 2: 16th & 17th April
Block 3: 6th, 7th & 8th May

TIME

9am - 4pm each day
Recommended 10-12 hours of personal study between each block

COST

\$3,700.00 per person
Why not speak to your employer to see if they could assist with the cost?

LOCATION

North Central Trade Training Centre
Charlton 3525



To express your interest please contact
Natasha Saunders (NCTC) - natasha.saunders@education.vic.gov.au or
Jacinta Sutton (NCLLEN) - j.sutton@ncllen.org.au

NAVY OPEN DAY



JOIN US AT THE HMAS CERBERUS OPEN DAY

Live a story worth telling in a career where travel, mateship, and unique experiences are all part of the package. At our Navy Open Day, you'll learn all about our exciting Navy careers, each packed with moments that'll stick with you for life.

Making a difference in the world starts with one small step, so book in to start your next story.

DATE Sunday 3rd March 2024

TIME 9:00am - 4:00pm

LOCATION HMAS Cerberus, Main Entrance - Sheean Avenue, VIC 3920

FOR MORE INFORMATION

VISIT [ADFCAREERS.GOV.AU/EVENTS](https://adfcareers.gov.au/events)

ADF CAREERS



IVY



ADELINE



FLYNN



MAX

PREP/1 ~ LINE ART ~

USING TEXTA,
PASTELS &
WATERCOLOURS



JAYDEN



JEM



MINA



WILLA



TEX



ISABELLE



LUCAS

WORK
Hard
BE KIND
and
AMAZING
Things Will
HAPPEN

Buloke Loddon
TAC L2P
PROGRAM
Mentor Training
Sunday 18 February 2024
at Wycheproof (Venue TBC)

Would you like to help young people learn to drive?
Do you have at least two hours per fortnight to spare?

Are you over 21 years old?
Do you hold a full current driver's licence?

The Buloke Loddon L2P program matches volunteer driver mentors to young learner drivers to assist them in gaining on the road driving experience in a vehicle that is provided through the program - all we need is your time (and interest).

If you are interested, please email l2p@ncllen.org.au or contact the North Central LLEN on 5491 1144.





Welcome to Term 1

The start of term has been busy with Year 12 students settling in, new Preps and other new students welcomed to the school. Our swimming program

and swimming sports were a reminder to be sun-smart by wearing rash vests and hats to avoid sunburn. Even mild sunburn can lead to developing melanoma (skin cancer) which is the third most diagnosed cancer in Australia. The 'slip, slop, slap' campaign adds 'seek' for seeking shade and 'slide' on sunglasses to the list of things you can do to protect yourself from sun damage to skin and eyes.

Protect yourself in **five ways** from skin cancer



SLIP



SLOP



SLAP



SEEK



SLIDE

Terms 1 & 4 are always 'hat terms' here at Wycheproof P-12 but we all need to be aware that even on sunny days in winter there is the risk of sunburn.

Safer online

Last week we focused on being safe online and displayed posters and discussed in classrooms and at assembly the importance of internet safety. Information shared included contact details for the Office of the eSafety Commissioner www.esafety.gov.au which has lots of information for primary school age, teens and for parents. During Safer Internet Day, February 6, we were encouraged to take three simple actions to ensure online safety:

- Connect safely by keeping apps and devices secure and reviewing your privacy settings regularly.
- Reflect on how our actions online may affect others or your safety.
- Protect ourselves yourself and others by visiting eSafety.gov.au to find out how to stay safe online and report online abuse.

There was also advice to parents to support their children on line by joining in with games, just as you would with kick-to-kick in the backyard. That way parents can teach their children skills to be safe. See the articles at www.abc.net.au/news/2024-02-06/online-computer-game-safety-parents-children-report/103431844 There is more information in the health hub, and we will continue to discussion through the school year.

Health support plans

This week we will send out health support plans for those students who have a diagnosis of asthma, anaphylaxis or any other health concern. This month Wycheproof P-12 staff are also working through anaphylaxis and asthma training modules which is an important endeavour to support the health of students.

We are still on alert for thunderstorm asthma warnings and monitoring the pollen apps. We all need to be aware of asthma first aid: sit upright, **4 puffs of reliever** (one at a time) into the spacer, **4 breaths from the spacer** and **wait 4 minutes to repeat**; if there is no improvement call 000. For information <https://asthma.org.au/treatment-diagnosis/asthma-first-aid/>

Health and mental health support at school

The Secondary School Nurse program is available to all secondary students and you don't need a referral. The school nurse is part of the Wellbeing Team to support student health and wellbeing. Call in to the Health Hub office for a confidential chat.

Chantel White is our school's Mental Health Practitioner. For referrals to Chantel, students can talk to members of the school wellbeing team or their teacher.

headspace Swan Hill provide a service to students at Wycheproof P-12 College. To link in with headspace phone (03) 4010 7100, or for online referral see <https://headspace.org.au/headspace-centres/swan-hill/>

Food at school

Last week was also Healthy Lunchbox Week. This is an initiative of Nutrition Australia that aims to inspire Australian families to create healthy and enjoyable lunchboxes. This does not mean decorating the lunchbox, the focus is what is inside!

Interestingly, Nutrition Australia report that children consume around 30% of their daily food intake at school? What children eat during their day at school plays a crucial role in their learning and development. We also know that there is a definite link between mood, behaviour.

If you need some inspiration about what to put in the lunchbox call into the Health Hub or see this link for great recipe ideas www.healthylunchboxweek.org.au/recipes

Celebrating girls in science

Monday, February 12 was the United Nations International Day for Women and Girls in Science. The day acknowledges scientists from Florence Nightingale to Marie Curie to Katherine Johnson, and other women involved in the first moon landing, to local researchers who study our local ecology, and all who make a difference to our health and environment. See www.un.org/en/observances/women-and-girls-in-science-day or read the online article 'Devoted to discovery: seven women scientists who have shaped our world'.

Support services & helplines

- ✓ Parentline 132289
- ✓ headspace call back 1800 650 890 or eheadspace www.headspace.org.au
- ✓ Autism Connect helpline 1300 308 699 or webchat www.amaze.org.au
- ✓ Kids Helpline 1800 551 800



CHEMICAL USERS COURSE - FULLY FUNDED

A Chemical Users Course will be held at Wycheproof Community Resource Centre on February 15 and 16. This fully-funded course is essential for users of chemicals working or volunteering on farms, horticultural operations, parks and gardens, etc. Participants will receive a Certificate of Attainment and will be listed with the Farm Chemical Users Secretariat of Victoria. Contact course provider 'The Centre' on 1300 843 236 to check your eligibility and book.

PLAYFUL POTAROOS PLAYGROUP

Mallee Family Care Playful Potaroos Playgroup is held every Friday at the Wycheproof Early Years Centre from 10.30am - 12pm. An opportunity for children aged 0-5 to play, learn and get ready for kindergarten. Contact facilitator Teagan on 0457 382 084 for further information.

WYCHEPROOF BOOKS & FUN

A free activity group for families with children aged 0-5, organised by Buloke Shire's Supported Playgroup facilitator. Come along for songs, books and fun activities every second Thursday during school term at the old kindergarten on High Street. The next session will be Thursday, Feb 15. For more information call Kelly on 0487 459 772.

YOGA & AQUA CLASSES

Make the most of the remainder of the Buloke pool season with aqua classes at the Wycheproof Swimming Pool. Aqua Fitness is an energetic aerobics-style class, held at 6pm Wednesdays. Gentle Aqua is a more relaxed mobility-focused class, from 9am Thursdays. Yoga classes are held Tuesday evenings at the Wycheproof Supper Room. These 'slow-flow' classes incorporate a range of mindful movement, breathing and relaxation practices that are suitable for all fitness levels. Bookings are essential - please contact the Resource Centre on (03)5493 7455.

SHOW & SHINE

The Wycheproof Lions Club Show & Shine will be held at the Wycheproof Race Course on Sunday, March 10. Gates open at 8.30am and presentations from 12.30pm. Cost is \$10 per person (under 18 is free) and bacon and egg breakfast will be available. For more information call Gypsy on 0400 848 969.

DANDY LION STUDIO
Kids & Adult Painting Workshops

Date: Saturday, MARCH 16
Venue: @The Shed,
Wycheproof Railway Precinct
Time: Kids Bonding Pot Painting Class 10:00am - 11:00am
Adults Sip & Paint Canvas 12:00pm - 2:00pm
Call the WCRC on 5493 7455 to book today!!

FREE!

Wycheproof Community Resource Centre

AGNICO EAGLE FOSTERVILLE

Fosterville Gold Mine

OPEN DAY

Would you like to know more about our operation?
Here's your chance!

24 FEB 2024
 9.30am-2.00pm

Activities include:

- > Guided site bus tours
- > Information displays
- > Gold panning
- > Exploration updates
- > Equipment displays
- > Free BBQ lunch
- > Face painting and more!

Tickets are free but limited and will be available for booking from 15 January 2024.

For further information:
 T: 03 5439 9000 | E: fgm.community@agnicoeagle.com