Wycheproof P-12 College

A State school established in 1876

03 5493 7409 or 5493 7308 Fax: 03 5493 7506
wycheproof.p12@edumail.vic.gov.au
www.wychep12.vic.gov.au

Newsletter No. 7 - 4th June, 2020

Returning students

We will be delighted next Tuesday to have all students back on site. It has been a long term in many ways and of course, such an unprecedented disruption will result in a number of changes moving forward. We have learnt there are some things that work well (such as, our new online learning platform – Google Classroom) and other factors that didn't work so well (for example, remote learning not suiting all students). We are always constantly reflecting on what is working well and where improvements (that suit the majority) can be made. One thing is for certain, we have certainly missed all our students. For the past few weeks we have only had our youngest and oldest students in attendance but what makes this school such a fabulous environment to work in, is the Prep to Year 12 nature of all the different ages. Each stage is very different in numerous ways. Returning to school will be a challenge for some (those that aren't early rises – to get into the routine of early waking can be against the nature of those that are night owls) and produce anxiety for others ("What if I haven't done all my work, will I get into trouble?"- no they won't but it is that time of the year when reports are being written and tasks eventually need to be completed). I am not sure who will be more excited about everybody being back on site – staff or students? We will undoubtedly hit the ground running and the events that normally occur at this time of year will soon start occupying our calendars.

Christine McKersie - **Principal**

DIARY DATES

JUNE

Mon	8	QUEEN'S B'DAY HOLIDAY - NO SCHOOL
Tue	9	Yr 3-10 students return to on-site schooling.
Wed	10	School Council Meeting - 6:30pm.
Fri	12	PUPIL FREE DAY - NO SCHOOL
Mon	19	Yr 11/12 (1:15pm - MPR)
		Health Focus Group - Melbourne Uni
Mon-Fri	15-19	Interhouse Cross Country
		(During PE/Sport classes - week 10)
Mon-Fri	22-26	Yr 10/11 Work Experience
Fri	26	Last day of Term - 2:30pm finish

JULY

Mon	13	First Day Term 3
Wed	15	School Council Meeting - 6:30pm
Wed	29	Parent - Teacher Interviews

AUGUST

Mon	17	Yr 8 NCTTC orientation
Wed	15	School Council Meeting - 6:30pm

**** New Date for GAT ****
Wednesday 9th September

WYCHEPROOF P-12 COLLEGE HOUSE CROSS COUNTRY

BROADWAY

CALDER

PREP- YR 12

DURING PE/SPORT CLASSES
WEEK 10 (15TH-19TH JUNE)

NO SPECTATORS
(DUE TO COVID-19 RESTRICTIONS)

Eliza MacDonald (Yr 7)

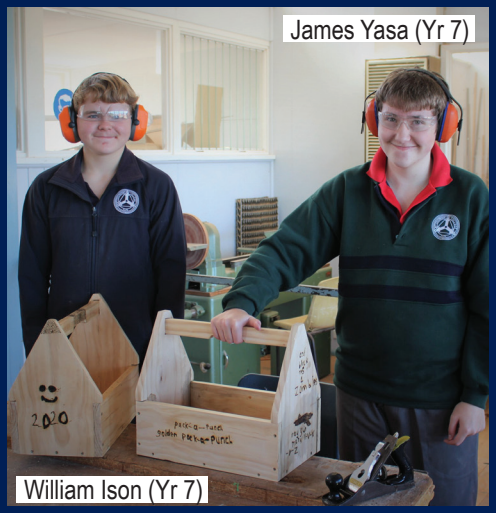
Year
7 / 8

DESIGN & TECHNOLOGY

With Mr Pearse

Eabha Polzin (Yr 7)

Gracie Humphreys (Yr 7)


James Yasa (Yr 7)

William Ison (Yr 7)

Lily Humphreys (Yr 7)

Year
7/8

English
With
Mr Connolly

'I am David' Haiku
by Matilda Bish - Yr 8

David, scared of 'them'.
Running as fast as he can,
So 'they' don't find him.

Poem for 'I am David'
by Isabelle Mulquiny - Yr 8

David, a lonely boy,
Ran into the fire,
And when he rescued her,
He smiled at Maria in desire.
He looked,
He smiled
He is brave,
He is David.

Poem for 'I am David'
by Paige Arnel - Yr 8

It's easy to take for granted, the food on your plate.
It'seasytotakeforgranted,notworryingaboutyourmate.
It'seasytotakeforgranted,havingshoesonyourfeet.
It'seasytotakeforgranted,knowingwhereyou'llsleep.
It's easy to take for granted, knowing you'll be okay.
It'seasytotakeforgranted,knowingyou'llmakeittoFriday.
It'seasytotakeforgranted,havingtheclothesthatyouwear.
It's easy to take for granted, not living in a square.
It's easy to take for granted, being nice and clean.
It's easy to take for granted, trying not to be seen.

MATHS PATHWAY UPDATE

Math Pathways
TERM 2, WEEK 6

Class Growth

Yr Level	Average	Current
5	155%	109%
6	121%	109%
7	62%	64%
8	87%	76%
9	85%	79%
10	97%	50%

Highest growth this fortnight

Student	Growth
Lana Fawcett & Grace McKersie	233%
Max Fawcett	333%
Jacob Harrison	133%
Isabelle Mulquiny	267%
Kate Thompson	200%
Joe Coles	167%

Highest individual average

Student	Student	Growth
Lana Fawcett		224%
Libby Thompson		195%
Gracie Humphreys	Lily Humphreys	87%
Isabelle Mulquiny	Isabelle Mulquiny	253%
Talia Hobson	Will Allan	113%
Joe Coles	Joe Coles	148%

Parents and students are reminded that Maths Pathways can be accessed from any location. The percentage score is a reflection of how much growth a student is achieving. Eg.117% = student is learning at the rate of 1.17 years.

Mathletics Hall of Fame

Prep - Yr 2

1. Riley Beattie	4,970 pts
2. Connor McLeod	4,130 pts
3. Kayley McLeod	3,230 pts

Year 3-4

1. Morgan Beattie	5,300 pts
2. Ever Harrison	1,780 pts
3. Priya Coatsworth	1,240 pts

Year 5

Week 6: Hayley Yasa & Grace McKersie

Week 7: Hamish Buchanan

Year 6

Week 6: Lachlan Buchanan

Week 7: Max Fawcett

SQUIZYA CHAMPIONS

Yr 7	Savannah Nicholls
Yr 8	Isabelle Mulquiny
Yr 9	Kate Thompson
Yr 10	Joe Coles

DON'T FORGET!

SCHOLASTIC Book Club

orders are due:

8 June 2020

NOTICES HOME VIA SkoolBag

Year 5/6 Parents
Re:Yr 5/6 Health - Personal Development
From - Mrs Brown
~***~

All Primary Students
Re:Book Club
From - The Library
~***~

HEALTH HUB with Jacinta

Keeping well during winter

Well we have had an icy blast for our first week of winter! And while the COVID-19 virus has our attention we must still take care of ourselves to ward off winter colds and flu. To keep healthy, it is important to maintain social distancing and wash hands with soap and warm water regularly. Make sure you try to have around 8 to 9 hours of sleep each night and include fresh vegetables and fruit in your meals every day. If you are well, continue to exercise, practice your sport or go for a fast paced walk.

With COVID-19 restrictions lifting, it is important to know the signs of infection and seek advice from your doctor if you have a fever (high temperature), chills or sweating, a cough, sore throat, shortness of breath, runny nose, or loss of sense of smell. To get further advice, call the 24-hour coronavirus hotline 1800 675 398.

Have you downloaded the COVID-19 App? For information about the app and to download it, see the Commonwealth Department of Health website www.health.govcms.gov.au/resources/apps-and-tools/covidsafe-app

Remember: If you have cold or flu-like symptoms do not come to school.

Remember: All students should have their own water bottle to bring or leave at school. Bubble taps are not to be used. I have some reusable water bottles available to give to students if needed.

Wellbeing & health resources on line

Finding evidence based health and wellbeing resources can be difficult and so the Wellbeing Team has created two Wellbeing Google Classrooms, one for Primary School students see class code *kye5y7s* and one for Secondary school students see class code *y26jj3s*. The resources are listed under various topics in the Classwork section. There are also songs to dance/exercise to, ideal for brain breaks and there are some handy resources for parents as well. We will continue to update the Wellbeing Classrooms for the rest of 2020 school year.

Wellbeing help and referral

All members of Wycheproof P-12 College's wellbeing team including myself and Paddy are available to help students. headspace is available to students via telephone or telehealth and counsellors are on standby. To access this, contact the Wellbeing Team or see the headspace website.

Support services

Parentline 132289

Kids Helpline 1800 55 1800

Department of Education parent's resource at www.education.vic.gov.au/parents/

Returning to school tips for parents

Returning to school this coming week will be exciting for some students but daunting and perhaps causing anxiety for other students who haven't been outside of the house for many weeks. Expert advice about returning to school focuses on restarting routines and getting into a positive school mindset...and it's not too late to start.

The first step is to start having a school-day routine including a waking time each morning and night-time going to bed and sleep routine; aim for around 9-hours of sleep. Step outside, go for a walk or do grocery shopping and do this every day. Positive communication with your child and their friends around returning to school, will help develop positive attitudes. Hopefully your child has maintained positive communication with classmates and friends over this time, which will ease the transition. With your regular routine for waking and sleeping, it is important to have a routine for meals, especially eating meals as a family. Routines give children a feeling of security, comfort and sleeping well and eating regularly helps them to learn. If your child is anxious about returning to school, practice scenarios on coping with challenges or situations. Drawing up a plan of how to tackle difficult situations once back at school can give your child a sense of control and calm, make sure you tell your child's teacher or a member of the Wellbeing Team. If parents or students have any concerns about return to school they are welcome to come and discuss them with the Wellbeing team. (*This is an excerpt of an article from theparentswebsite.com.au The full article is in both Wellbeing Google Classrooms*)

Careers and Pathways from NCLLEN

WHAT MATHS SKILLS DO YOU NEED TO BECOME A TRADIE?

Think that if you're a budding tradesperson, dropping maths is no big deal? In actual fact, hands-on construction gigs use numbers a lot more than you'd think. Trade gigs are often associated with tools, trucks, and loads of physical labour, but there's a stack of basic maths skills involved in almost every type of maintenance, repair, and construction role. From calculating quantities and determining floorspace ratios to ordering materials and converting measurements, most tradespeople rely on an advanced knowledge of numbers – something that sticking with high school maths can seriously help solidify.

For further information visit:
www.careerpathfinder.com.au/what-maths-skills-do-you-need-for-a-career-in-trades/

What's the difference between an Exercise Physiologist, Sport Scientist and Exercise Scientist?

Exercise Physiologist – an accredited exercise physiologist delivers exercise, lifestyle and behaviour modification programs for the prevention and management of chronic diseases and injuries. Clients may have conditions such as cardiovascular disease, diabetes, mental health problems, cancer, arthritis, chronic obstructive pulmonary disease, and osteoporosis. They hold a 4 year degree (or equivalent). Exercise physiologists may work in a range of settings including private or public hospitals, private practice, or contract to insurance companies.

Sports Scientist – a sports scientist specialises in assisting athletes or sporting teams to improve their performance via scientific knowledge including applied physiology, biomechanics, psychology, motor control and motor development. They work in the areas of training, injury prevention, technique analysis, nutrition, performance optimisation and recovery.

Exercise Scientist – an exercise scientist designs, implements, and evaluates exercise and physical activity for healthy people, including programs for improving general health, the prevention of chronic diseases, health promotion and enhanced sports performance. They hold an undergraduate degree in exercise & sports science.

For further information visit:
www.myhealthcareer.com.au/exercise-careers/ or
to search for relevant University courses, visit:
www.yourcoursedirections.com.au

Online Acting Courses

NIDA

Do you have a passion for acting, performance, singing or writing? The National Institute of Dramatic Arts (NIDA) are now offering online classes for kids, teens, and adults.
They have classes in all kinds of topics, from beginners to the more advanced.
To find out more or to enrol in a class visit: www.open.nida.edu.au/courses/how/online

What are Pre-apprenticeships?

Pre-apprenticeships are entry level training which can provide a pathway into the industry of your choice. They are offered in a variety of traditional trades industries, such as Carpentry, Electrical, Plumbing and Automotive. Pre-vocational or Pre-traineeship are terms that may also be used when talking about entry level training in non-traditional trade industries, such as Hospitality, and Animal Care and Management. Pre-apprenticeships/Pre-vocational training can assist in improving literacy and numeracy skills as well as focusing on developing some essential work related skills. These skills can help you be better prepared for work and be a stand-out job candidate.

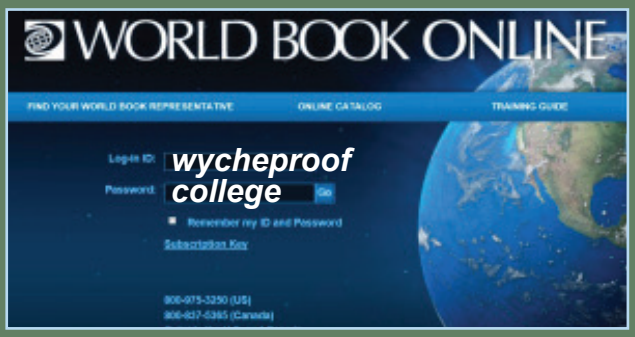
Benefits of doing a Pre-apprenticeship/Pre-vocational training

- Find out whether a particular industry is right for you, without committing to a full apprenticeship
- Undertaking a pre-apprenticeship that includes work experience will help with your chances of finding work, by giving you direct experience to put on your resume
- Develop basic on-the-job skills and some industry-specific skills
- The provider you are doing a pre-apprenticeship with may be able to help you find an employer
- Some employers, particularly in the trade industries, have a preference for people who have completed a pre-apprenticeship. They see the initiative as providing a good grounding in basic skills and workplace awareness
- You may receive credit for the study completed, which could shorten the time it takes to complete a full apprenticeship.

www.apolloways.com.au/about/pre-apprenticeships

"Did you know that you can start Pre-apprenticeship/ Pre-vocational training whilst you are still at school? You can study a Certificate II or III in a variety of industries e.g. Building and Construction, Automotive, Engineering, Agriculture, Hairdressing, Beauty, Hospitality, Health Studies, Community Services, Music, Animal Studies, and Sport and Recreation at the North Central Trade Training Centre as part of your Year 10, 11 or 12 (VCE or VCAL) studies "

Angela Poxon
Careers and Pathways
Email: a.poxon@ncllen.org.au



To access the World Book web, follow these simple steps:

1. **Go to the World Book web listed on the front page of the Wycheproof P-12 College website**
2. **Type in the following user Login ID : *wycheproof***
3. **Password: *college***

Ryder Harrison, Leeah Crawford & Kayley McLeod wash their hands before class. Noel has converted the once bubble drinking taps, into a new hand washing station at the entrance to the Library.

We're hosting an online summit where young people from across the country can share their experiences of COVID-19 and work collectively on what the solutions could and should look like.

If you're 16 or over (or work to support those that are) bring your ideas, inspirations and aspirations to re-imagine what our future can be.

Host and moderator: Elsa Tuet-Rosenberg (Director of Training, Democracy in Colour)
Panellists: Cat Nadel (Campaigns Director, Young Campaigns), Hayley McQuire (Head of Education at FYA), Kergen Angel (Youth Parliament Coordinator, YMCA Victoria,) and Zoe Robinson (Advocate for Children and Young People, NSW).

Register here:
https://events.humanitix.com/after-lockdown-young-people-re-imagining-their-future

WYCHEPROOF COMMUNITY RESOURCE CENTRE: Ph: 5493 7455 - e: mwcrc@bigpond.net.au - 280 Broadway.
***Shearing School; 10th - 14th August (7:30am - 5:30pm), An introductory 5-day course providing practical skills required for wool harvesting. Please phone WCRC to register.**
***First Aid & CPR Training; Friday, 24th July with Dawn Ferrier. For more information & to register please phone WCRC.**